



Navigating Your Path: How Women in Politics Can Build Inclusive Societies and Promote Gender Equality

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Tips from My Mentor:

The Four Areas Every Politician Needs to Nail Down

1 Constituency

- Stay connected with the people
- Regular visits
- Organize activities

2 Parliament

- Be an active, consistent voice
- Lead deliberations
- Champion the issues you care about

3 Political party

- Support your party — don't just expect support
- Be a reliable and contributing team player

4 Media : Visibility and Influence

Representation must lead to action



Kiat Sittheamorn takes Thailand a step closer in battle for gender equality

24/08/2018



For the first time in its history,
Thai Airways welcomes its first group of
9 female pilots.

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ผ่านระบบอีเมลฟรีถึงใจได้ที่ : travelnewsth@gmail.com

4/04/2025

TRAVEL NEWS
เจาะลึกทุกประเด็นท่องเที่ยว

Democrat Party pushes women's agenda:
6-month fully paid maternity leave



Democrat Party backs decriminalising sex toys

MONDAY, APRIL 24, 2023



Empowering women in the South

ON THE RECORD: Govt deputy spokeswoman takes on special role in tackling security strife

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ค่ายสมเด็จพระนเรศวรมหาราชบุรีรัมย์

กองพลทหารราบที่ ๑๕

“ อนุรักษ์รักษ์ ”

“ มุ่งมั่น ขู่มาท เลี้ยงสัตว์
เพื่อชาติ เพื่อแผ่นดิน ”







Logo of the Ministry of Social Development and Human Resources (Thailand Association of Social Workers) and OXFAM.

ศูนย์บริการให้คำปรึกษาเสริมพลังสตรี

فوست اونتوق ممبري كفهمن دان فرتولوغن كفداقوم وانيتا
Women's Empowerment and Counseling Center
ภายใต้ความร่วมมือโครงการวาว



Engaging with local women to hear their voices firsthand — every conversation brings us closer to more inclusive and responsive policymaking.

Do you accept 134?

- According to the 2024 World Economic Forum, if we continue at our current pace: It will take 134 years — until 2158 — to close the global gender gap.
- Women's equal representation in leadership and decision making roles in the workplace will take even longer — 140 years.

Let's Rewrite the Timeline Together

If not us, then who?

If not now, then when?

What role will you play in accelerating change?