

ASIAN WOMEN
EDUCATION

18-21 June 2026



CALD MENTORSHIP
PROGRAM

Bangkok, Thailand

SAWASDEE
KHA!

Feminist Leadership is a Journey



We are unlearning the myth of the single destination. Leadership is not a point of arrival, but an active, shared process of self and collective evolution.

In this space, our joy and our pleasure are not secondary — they are profoundly political.



KÁO KUT KRAI)?





IDA B. WELLS

VIGDIS
FINNBOGADOTTIR



DOLORES HUERTA



LEILA DE LIMA

TSAI ING WEN



SESSION 1: TAKING UP SPACE



ACTIVITY 1: MEET & GREET





1. I am _____, and the thing about me that you will not find in my CV is _____.



2. I am _____ from _____.

**If I can have a meal with
someone, it will be w/ _____,
because_____.**



3. I am _____ and I love _____.
If I am not a/ not doing _____
(mention your profession/
work), I'd probably be _____.

ACTIVITY 2: MOLD ME A SYMBOL



- 
- MOLD A SYMBOL THAT BEST REPRESENT YOU

PAGHULMA



ACTIVITY 2: MOLD ME A SYMBOL CHIKA MINUTE

1. **Grab a partner.**
2. **Show your creation and ask her/them about it.**
3. **Then explain your symbol.**



ACTIVITY 3: EXPECTATIONS HARVEST GROUP AGREEMENTS



Our Goals: Going In and Stepping Out



To grow in self-confidence, and to assume bigger positions of power and responsibility.

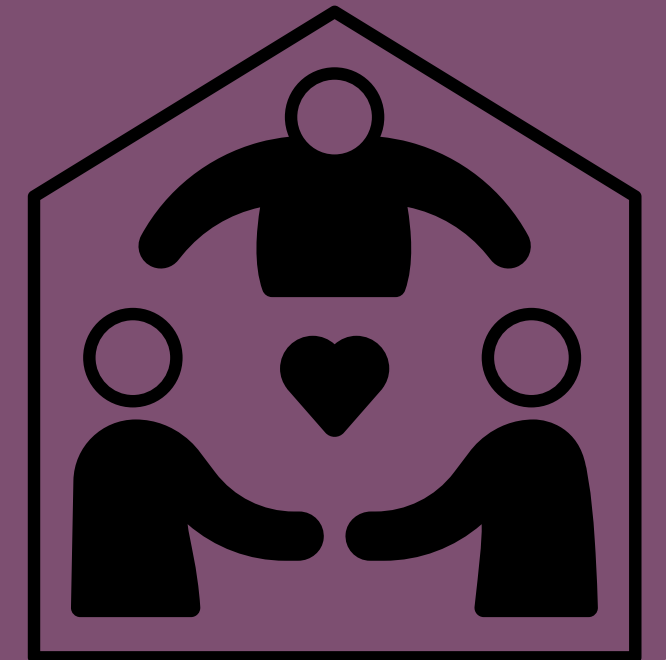


Our Goals:

Grounding and Taking Up Space



To connect deeper
with communities,
and to be at the
decisionmakers'
table.



The Mentors You Want

- Direct and compassionate
- Capable of constructive honesty
- Empathetic and collaborative
- Able to power-share (not gatekeep)
- Able to share from lived experience
- Dynamic, authentic and courageous
- Can form relationships based on trust and respect



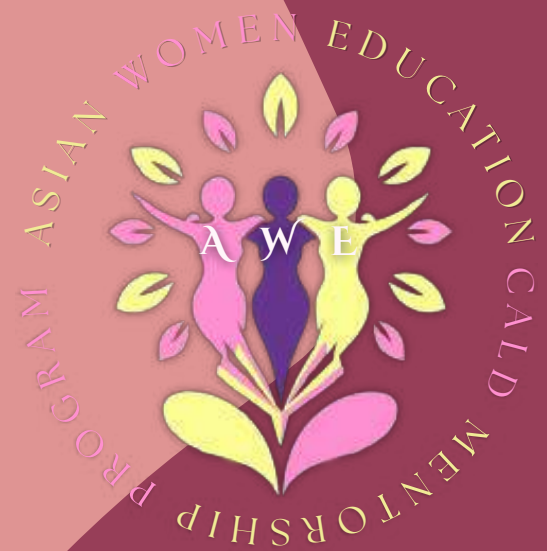
Not Quite It

- Rigid, hierarchical and controlling
- Those who see leadership mostly as achievement instead of service
- Those who provide only positive feedback



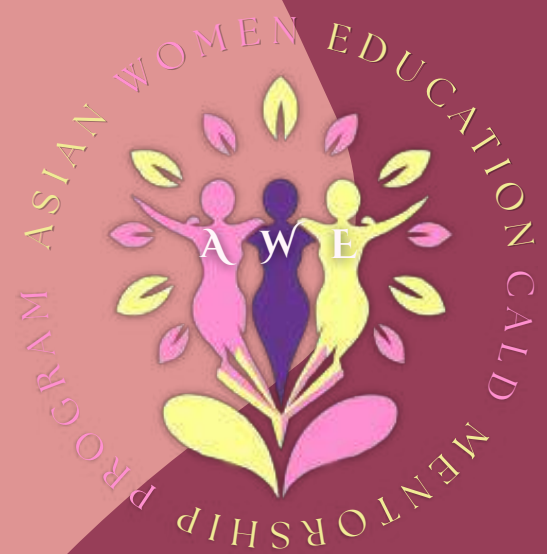
GROUP AGREEMENTS

- Remember that this is a place of care and a safe space.
- Respect should always be part of our sharing and participating.
- Step up/Step back - everyone gets to speak. One person and one point at a time.



GROUP AGREEMENTS

- (You can add more)
- Consent
 - photo posting
 - quotes
 - live posting (pref. after the event)
- Space to say YES/NO
- Open heart, mind, ears
- FUN! Share a lot! Eat a lot!



SESSION 2: VALUES TREE





IDA B. WELLS

VIGDIS
FINNBOGADOTTIR



DOLORES HUERTA



LEILA DE LIMA

TSAI ING WEN





“To my oppressors: Jailing me despite my innocence is your burden to keep. To the Filipino people: No matter the persecution, I will never stop fighting.”

- Senator Leila M. de Lima

Dedication to Fight for Freedom and Other Writings, August 27, 2018



The Lawyer Era



The Commission Era

Chairperson, Commission on Human Rights
2008-2010



The Senate Era

Senator 2016-2022

The Cell Era

2017-2023



The Acquittal Era

2017 - present



The Secretary Era

Secretary
Department of Justice
2010-2015





“My decision comes from a place of duty and principle. I have always stood for truth, accountability, and the rule of law—across different administrations, regardless of political affiliation. That commitment remains unchanged.”

Leila de Lima

Former Senator

On joining House prosecution in the VP Sara Duterte impeachment trial
May 14, 2025

ACTIVITY 4: ERA IDENTIFICATION



River of Life: Tributaries, rapids, still water, waterfalls, confluences

THE RIVER OF MY LEADERSHIP LIFE







ACTIVITY 5: VALUES TREE



VALUES

Concepts by which we determine what is right or wrong
Higher goals which we aspire to
Our NON-NEGOTIABLES



PRINCIPLES

Rules for good behavior
Motto; mantra

Collaborate not
dominate

- Equal opportunity
- Do no harm
- Kindness and care matter
- Honesty and courage
- Consensus-building



ACTIVITY 2: CHIKA MINUTE

Grab a partner

**When are your values affirmed?
When are they challenged?**

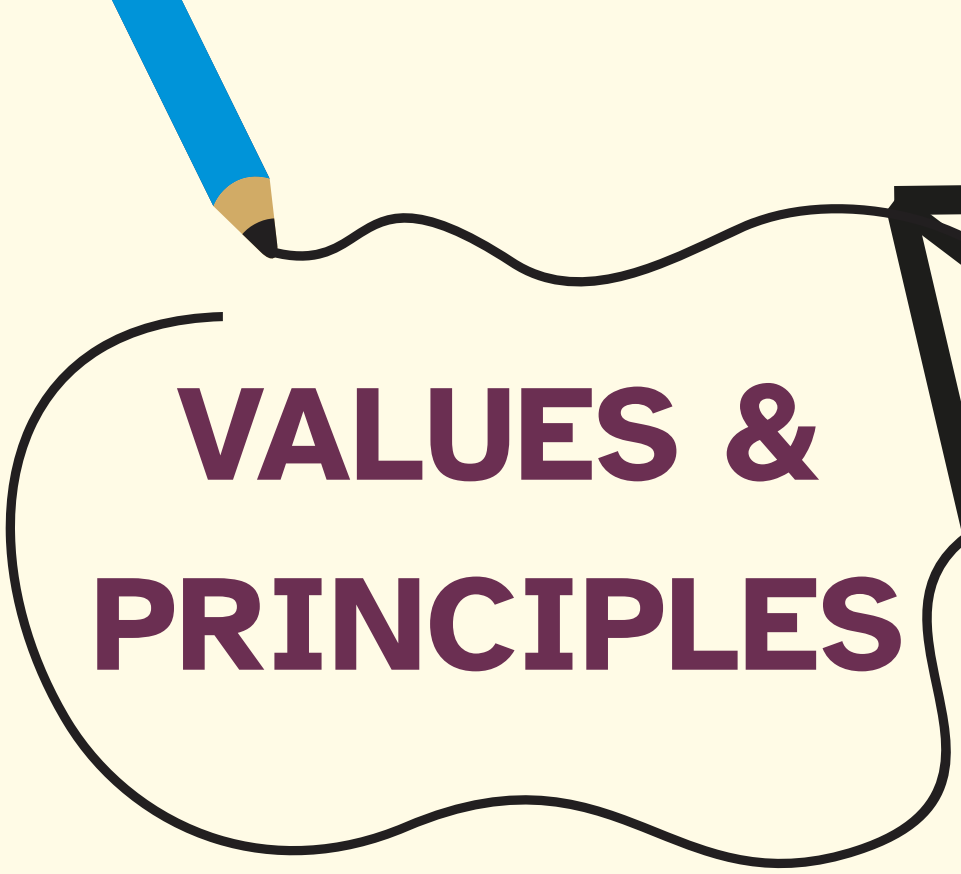


Transformative Feminist Leadership

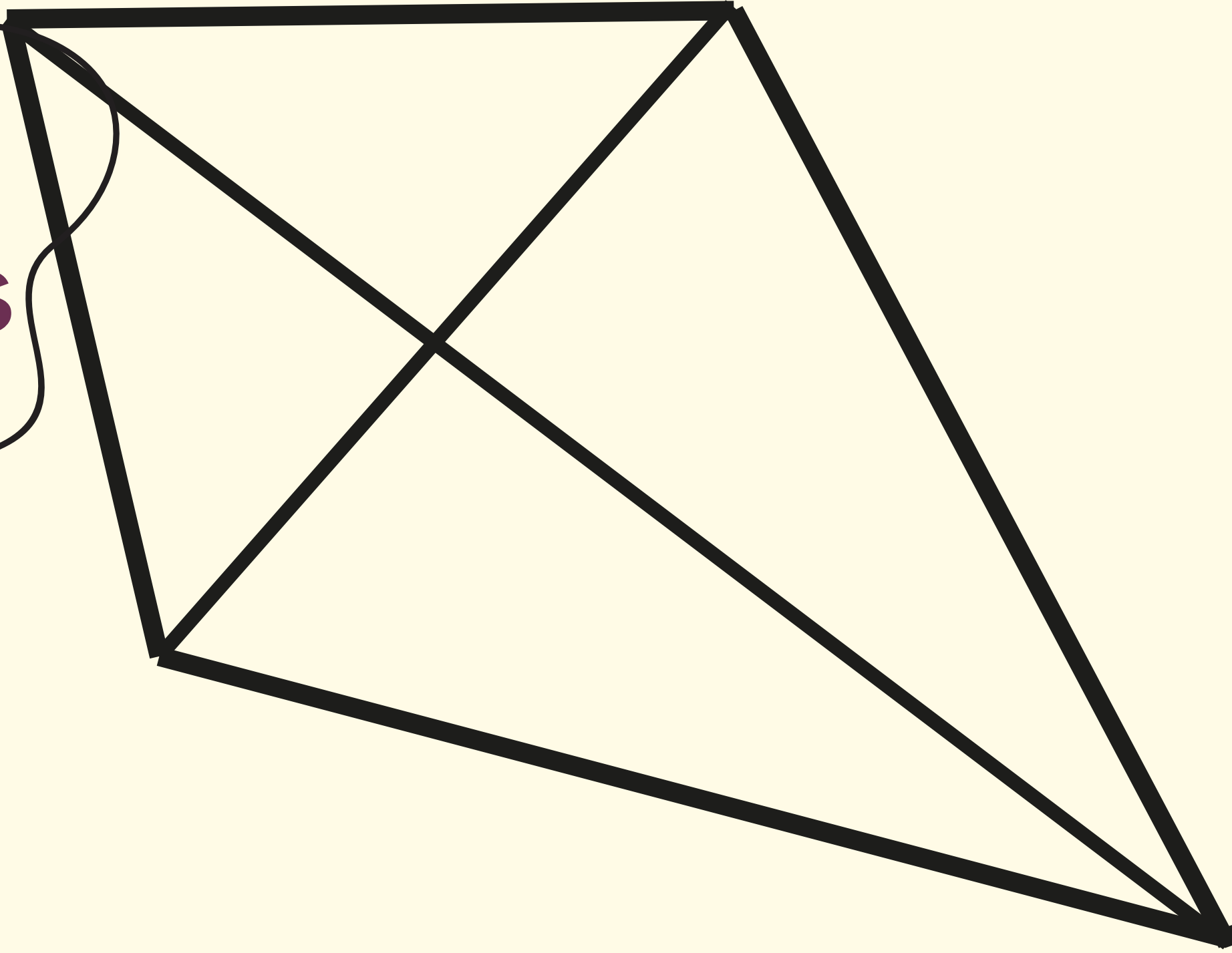
VALUES: ethical norms that guide behavior

PRINCIPLES: norms that guide action





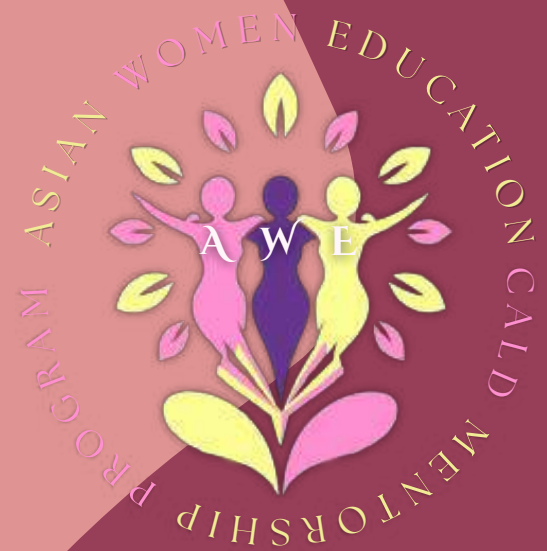
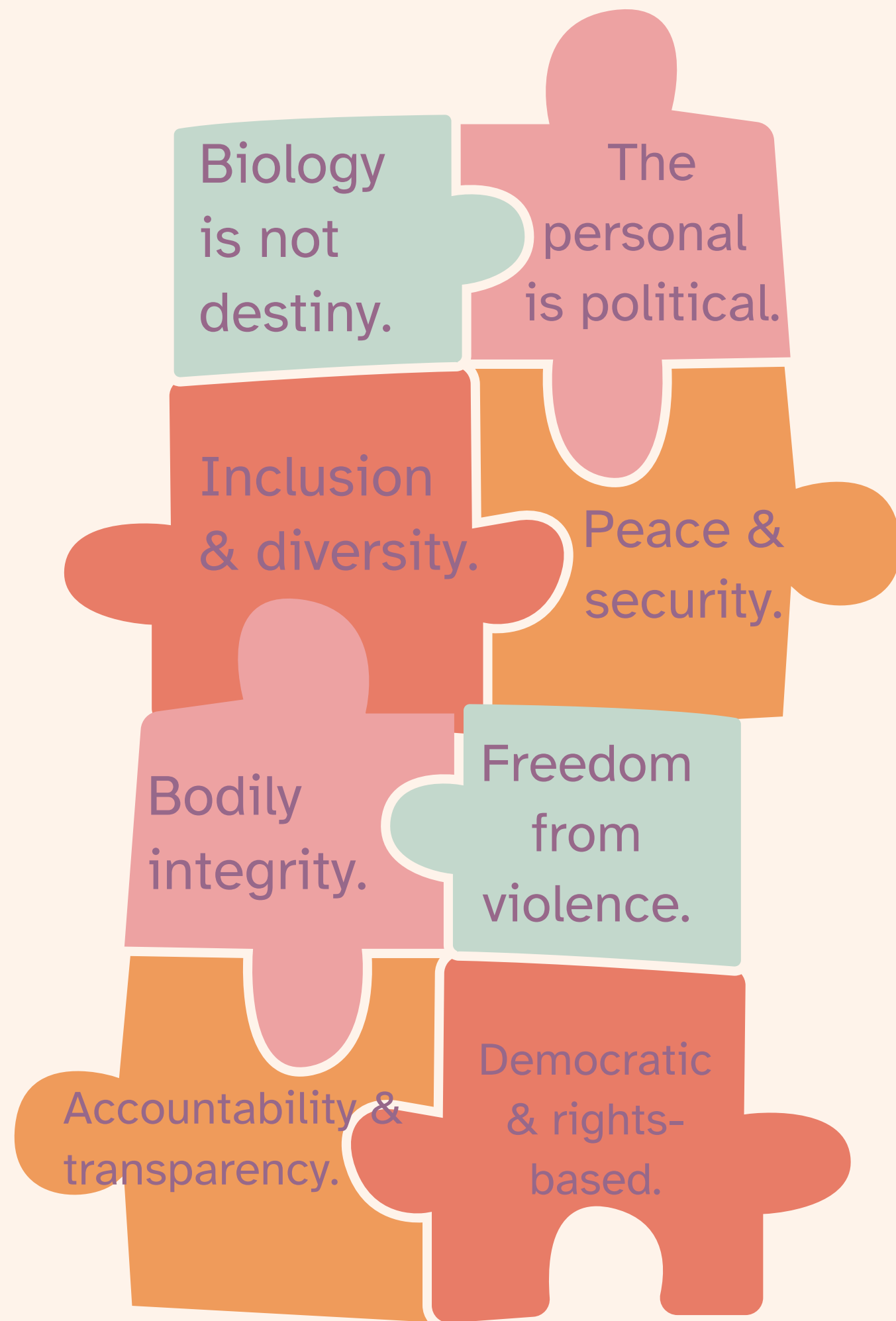
**VALUES &
PRINCIPLES**



Transformative Feminist Leadership



Principles of Transformative Action



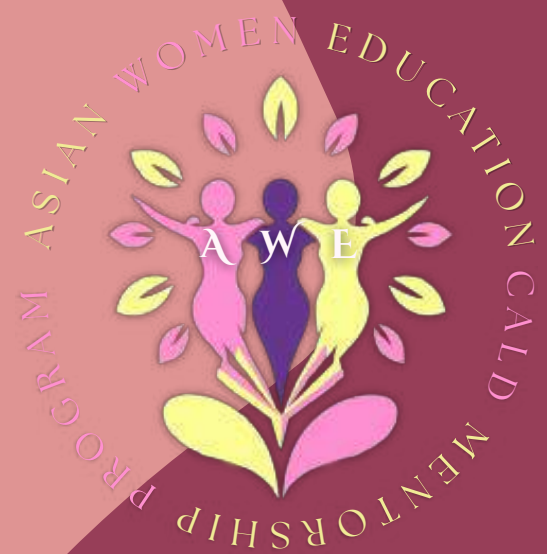
A JOURNEY

CRITICAL

INTERSECTIONAL

COLLECTIVE

Transformative
Action



SESSION 3: AWE LEADERSHIP JOURNEY

**CREATIVE MAPPING OF
POLITICS AND PURPOSE**



Politics & Purpose

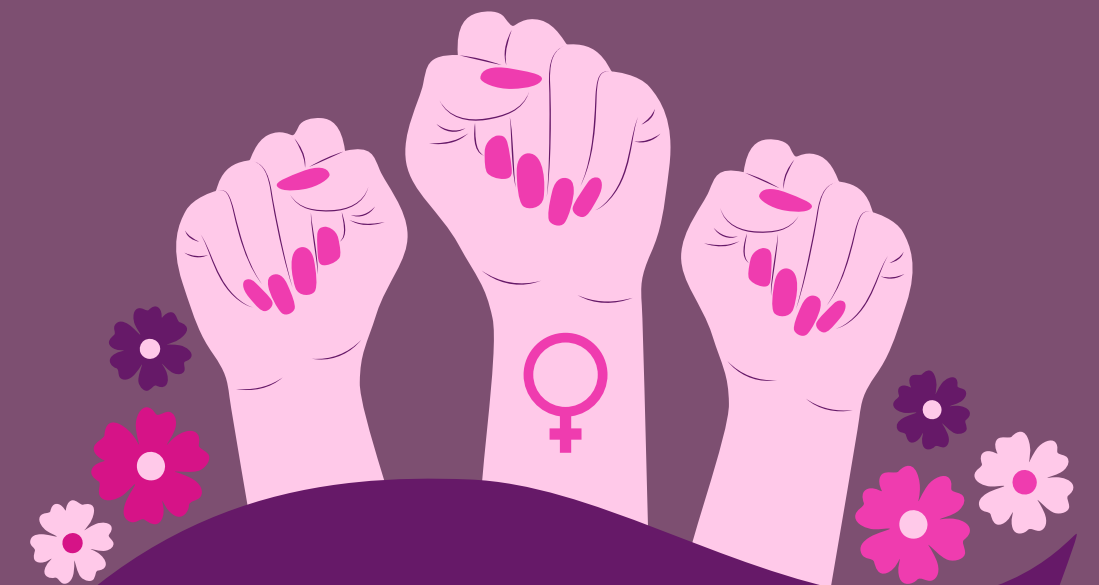
A key component of feminist leadership is its politics and the nature of the mission (e.g. purpose) that guides it.

Feminist



Politics

the analysis of socio-economic realities, and the ideological lens that informs the analysis (e.g. profit and free enterprise, public good, social justice, gender equality, etc.)



Purpose

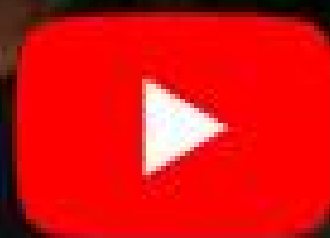
refers to the long-term vision and mission for change that emerges from that politics.





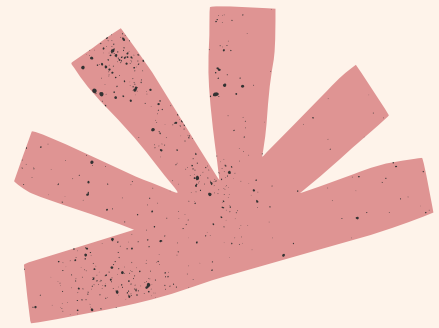
Note to Self: Michelle Obama pens emotional letter on loss, love, and making

CBS Mornings



 **CBS** THIS
MORNING

Watch on  YouTube



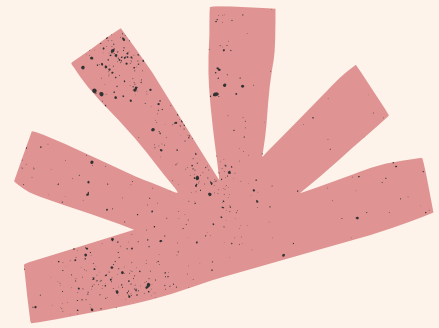
**You are 10 years from now writing
to yourself in this room today.**

What have you built?

**What do you know now that you
could not then?**

**What do you want her to stop
being afraid of?**





**what is the one thing your future
self is living that your present
self is building toward?**

**Imagine the best symbol that
represents it.**



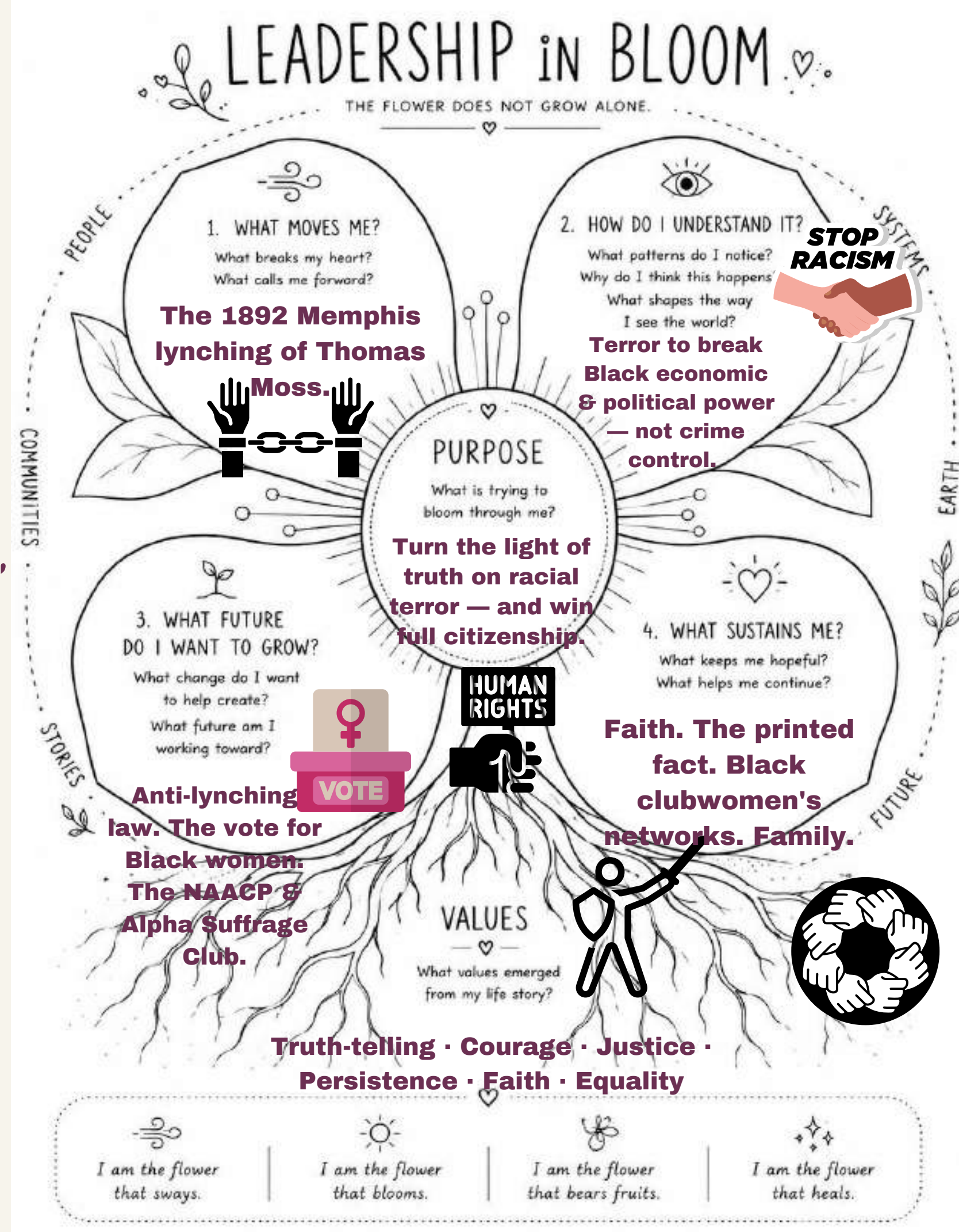


LEADERSHIP IN BLOOM

Ida B. Wells

1862 — 1931

The flower does not grow alone – purpose at the center, the world she fought for in every petal and root.

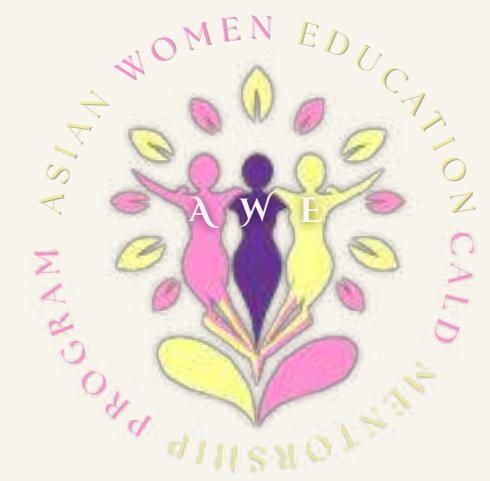


I am the flower that sways
That which the air moves
And flows gracefully where I should be

I am the flower that blooms
That which the sun nourishes
And the rain —
Waters.
Transforming in beauty rooted deeply
in her truth.

I am the flower that bears fruits
That which the earth cultivates
abundantly
And I give back freely
And that which comes running back to me.

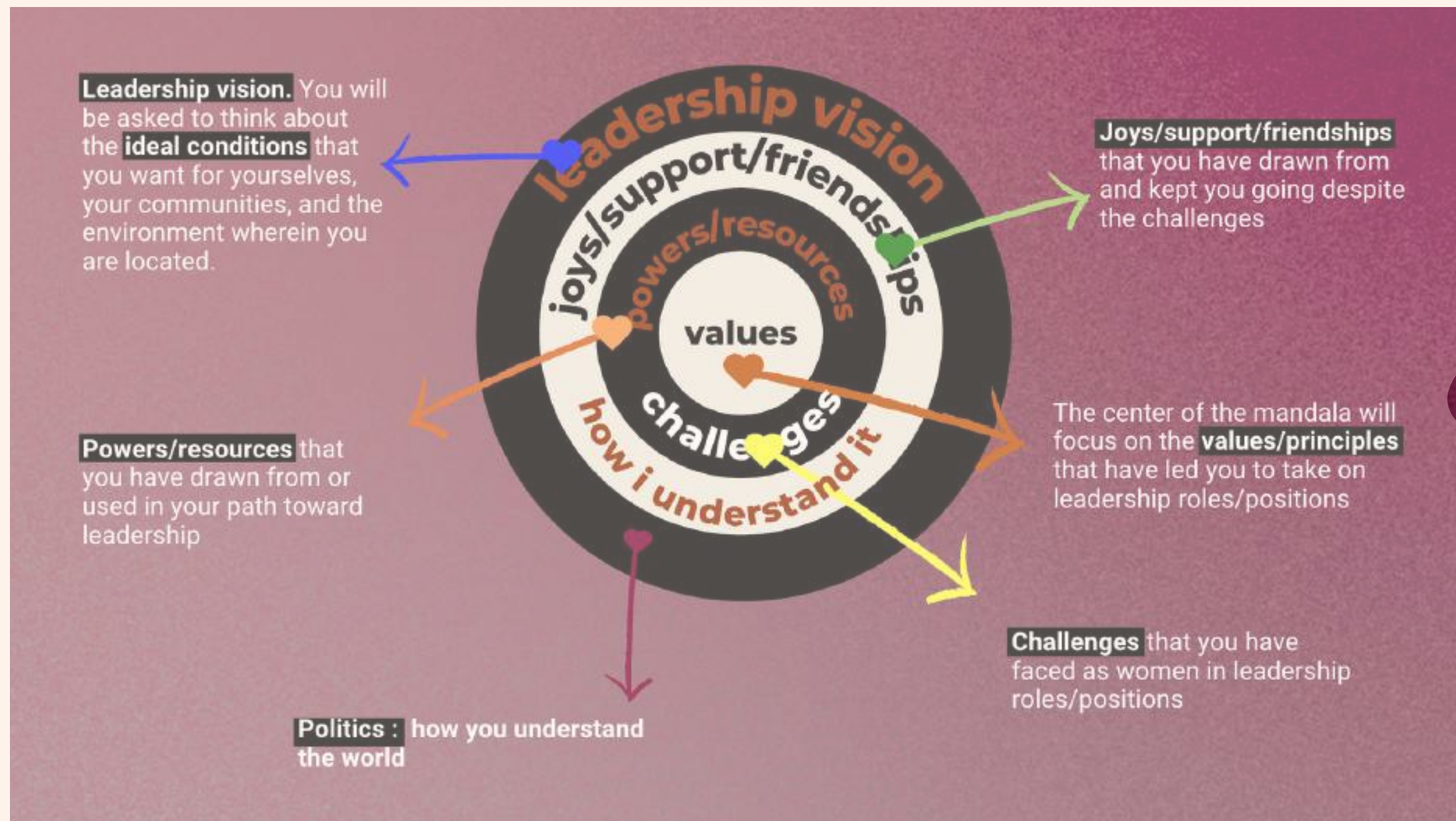
I am the flower that heals
That which the heavens sustained
To adore, to cut and prune only to
bloom once more.

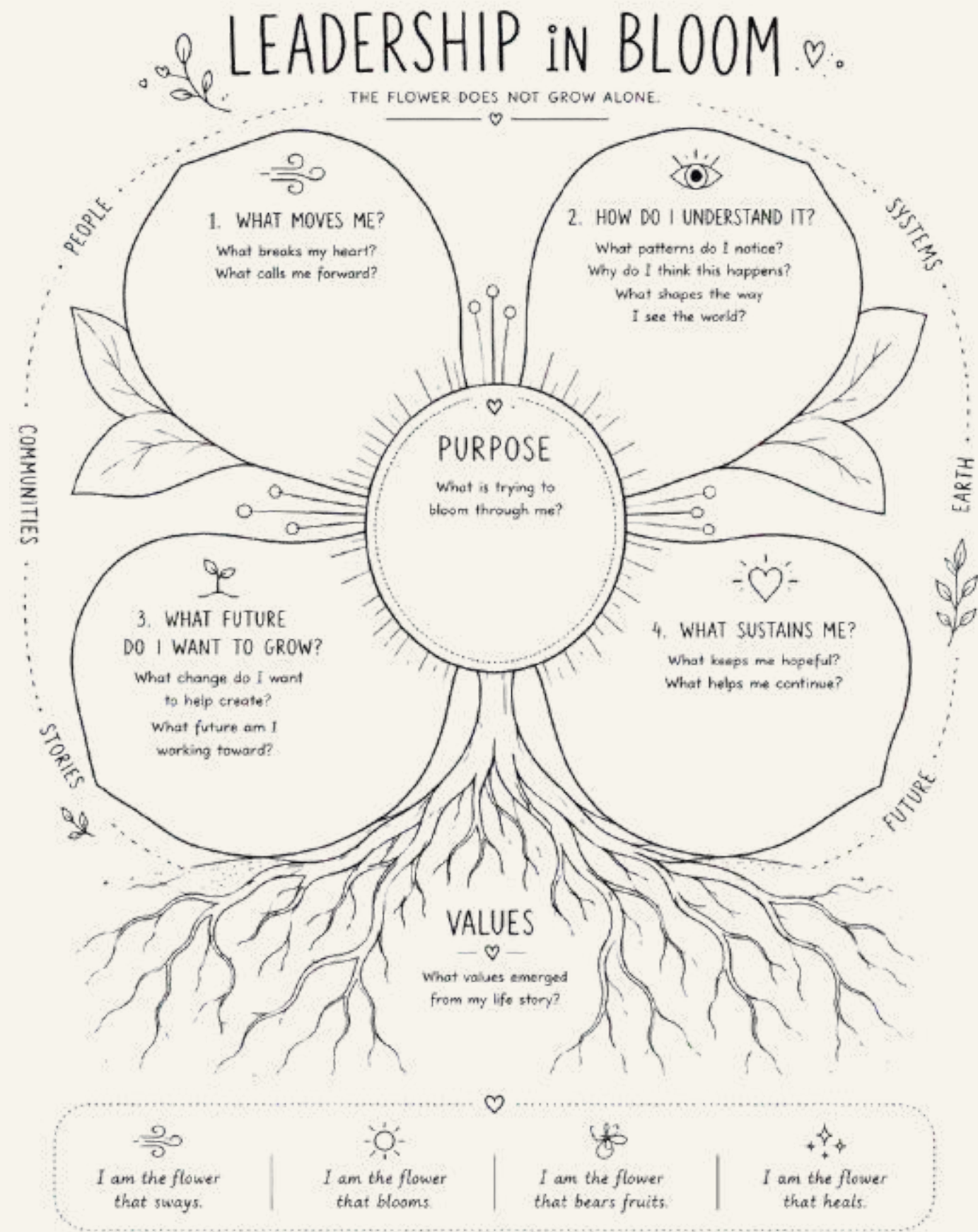


Group Mandala/ Leadership in Bloom

- groups of 3 to 4.
- Bring your era map, values tree, molding symbol, and vision card.
- Build collective mandala/
Leadership in Bloom together.
- See samples but please feel free
to create your own Center







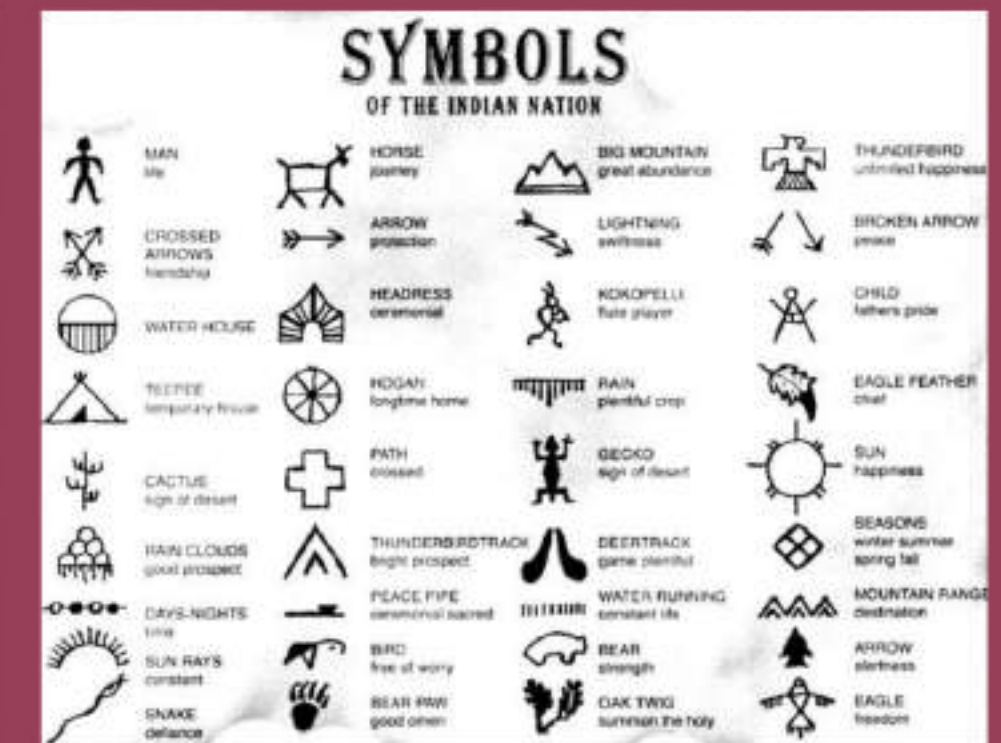
Group Mandala



Group Leadership in Bloom

Red Excitement Strength Love Energy	Orange Confidence Success Bravery Sociability	Yellow Creativity Happiness Warmth Cheer	Green Nature Healing Freshness Quality	Blue Trust Peace Loyalty Competence
Pink Compassion Sincerity Sophistication Sweet	Purple Royalty Luxury Spirituality Ambition	Brown Dependable Rugged Trustworthy Simple	Black Formality Dramatic Sophistication Security	White Clean Simplicity Innocence Honest

BASIC DRAWING CONCEPTS



BASIC DRAWING CONCEPTS



VALUES &
PRINCIPLES

POLITICS & PURPOSE

BATLIWALA'S FEMINIST
LEADERSHIP DIAMOND

4 PS

Transformative Feminist Leadership



A stylized illustration of a woman's profile in a graduation cap, facing right. The woman has reddish-brown hair and is wearing a pink earring. The background is a dark purple gradient. A large, light pink speech bubble is positioned to the right of the woman's head.

End Day Reflection

On your journal, write anything that comes to mind for 3 minutes. No edits. No screening. Just write as it comes.

I'm so tired with the travel but the Michelle Obama's video was really a tear jerker. Why is the air conditioning so cool. I wonder what's dinner.....



khàawp khun kha
kyeizu pa
terimah kasi
sheh-sheh
maraming salamat



sabai dee mai?
kumusta?
nay kaun la?
ni hao ma?
apa khabar?



SESSION 4: AWE POWER

**INTERROGATING, RECLAIMING,
PRACTICING FEMINIST POWER**



POWER

VALUES & PRINCIPLES

POLITICS & PURPOSE

4 PS

**BATLIWALA'S FEMINIST
LEADERSHIP DIAMOND**

Transformative Feminist Leadership





VIGDIS
FINNBOGADOTTIR

- **Power within as foundation -self-knowledge and cultural authority**
- **Power to - used the presidency to champion linguistic and cultural rights globally.**
- **Experienced Power Over through constant scrutiny as a woman first.**

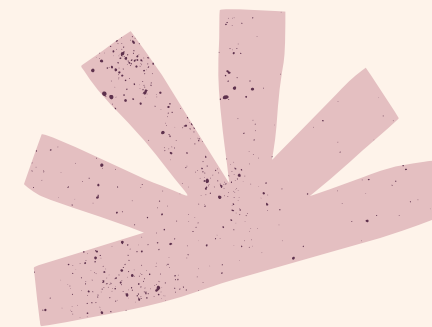
- **Built Power Within through intellectual mastery before entering politics.**
- **Governed through sustained Power Over from external geopolitical pressure -- China's military provocations -- without losing Power Within.**
- **Power With through democratic mandate.**

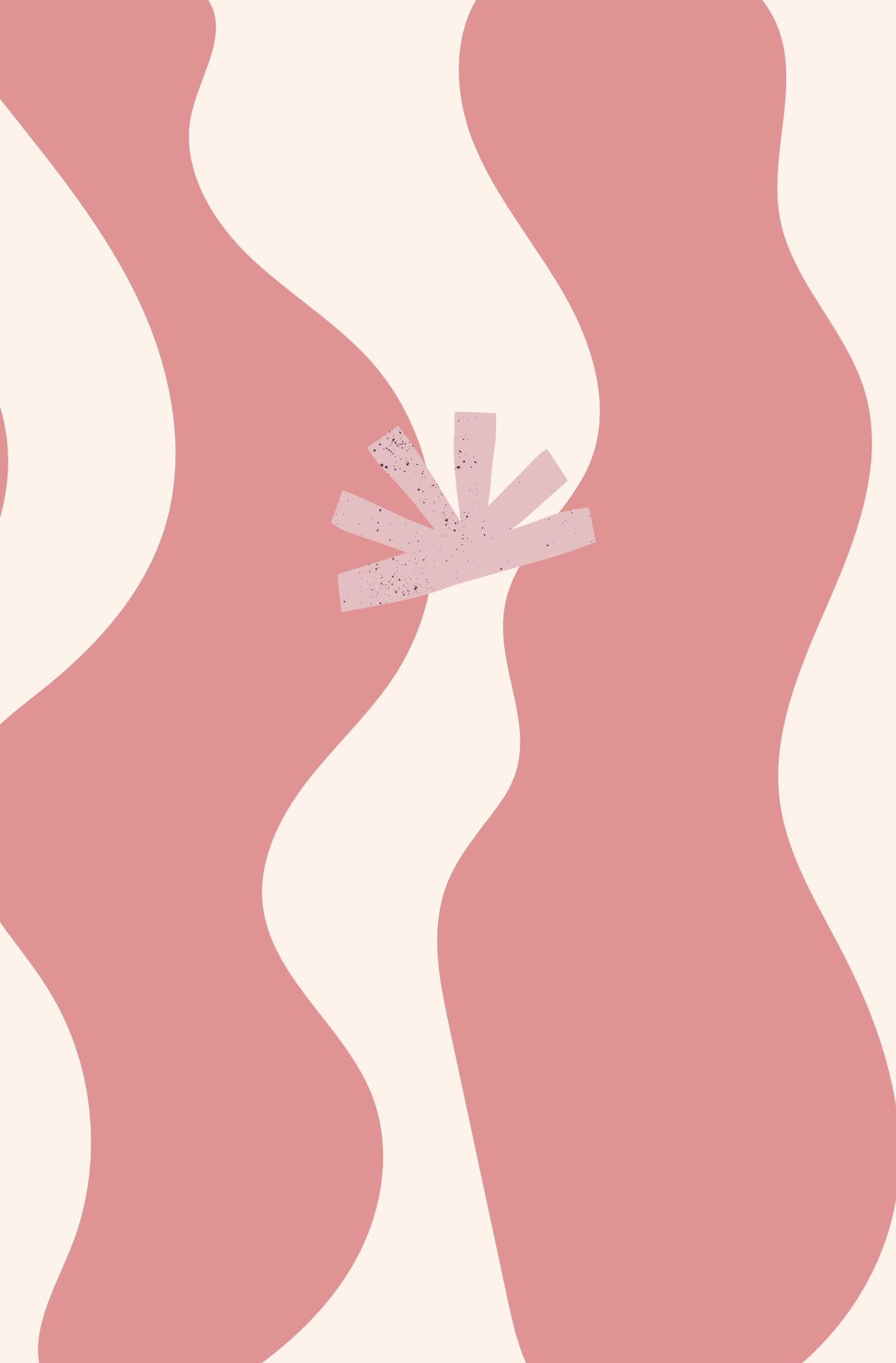
TSAI ING WEN





Proceed with care



A large, abstract, wavy red shape occupies the left side of the slide. A small, light pink hand icon with five fingers is positioned on the red shape, pointing towards the text.

flow:

- **critical reflections on dimensions and forms of power**
- **knowing our social selves**
- **feminist imaginings**



dimensions of power

VISIBLE

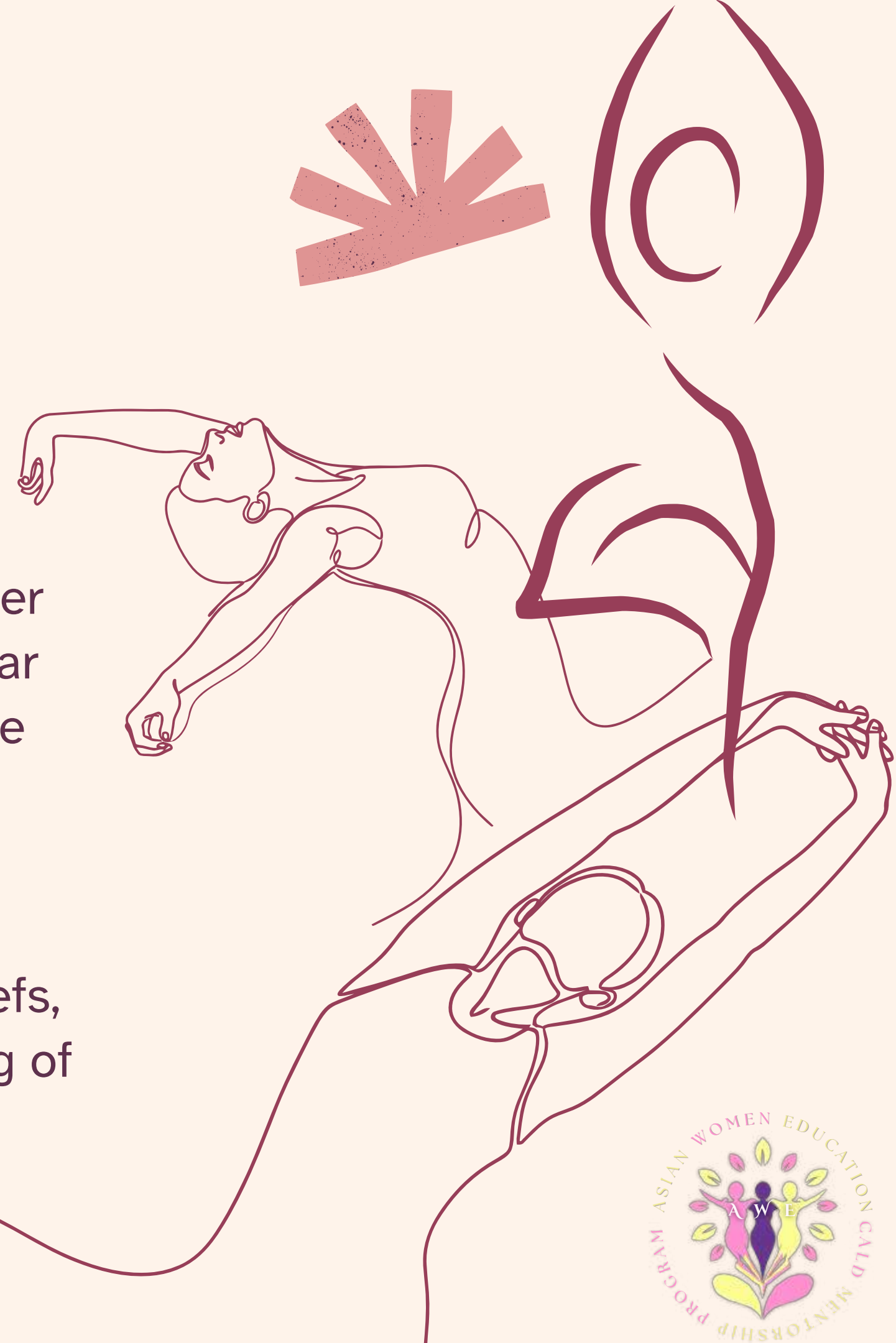
observable operations of power
that define rules, laws, and formal
social systems

HIDDEN

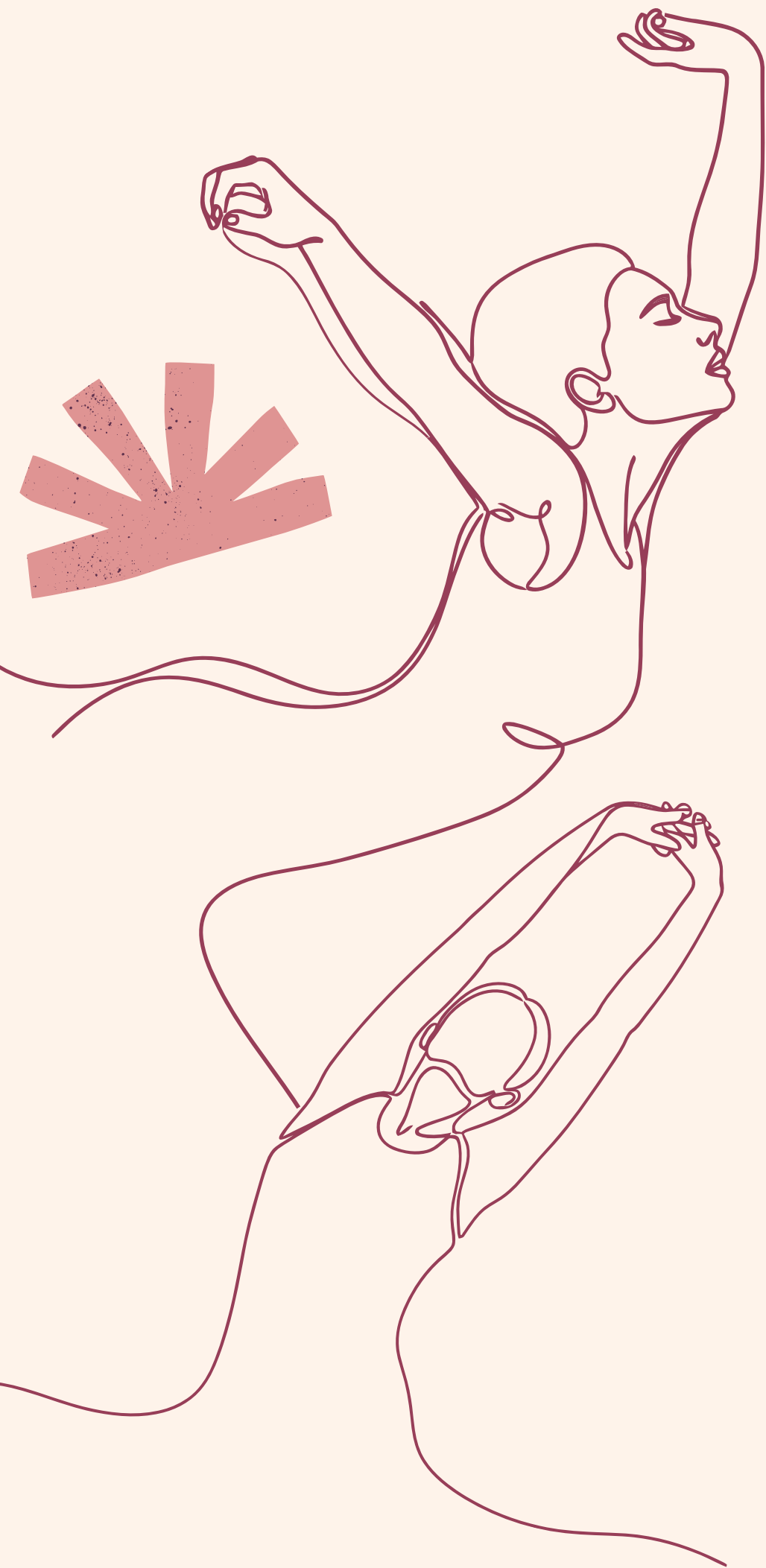
influence and agenda setting power
that operates in unseen or unclear
ways from the perspective of those
without it

INVISIBLE

power that defines dominant
meanings, including norms, beliefs,
attitudes shape our understanding of
ourselves in the world



forms of power



The domination that is often exercised by people with visible power over those who are subordinate to them.

Power Over

Abusive, authoritarian, and oppressive power by people who are in a position of marginality.

Power Under

Our inner strength, which includes our inner wisdom, purpose, self-worth, and confidence.

Power Within

The capacity to establish connections and collaborate with others to achieve a common objective.

Power With

the ability to bring about change, no matter how minor. It is the freedom to speak, act, and perceive a better future

Power To



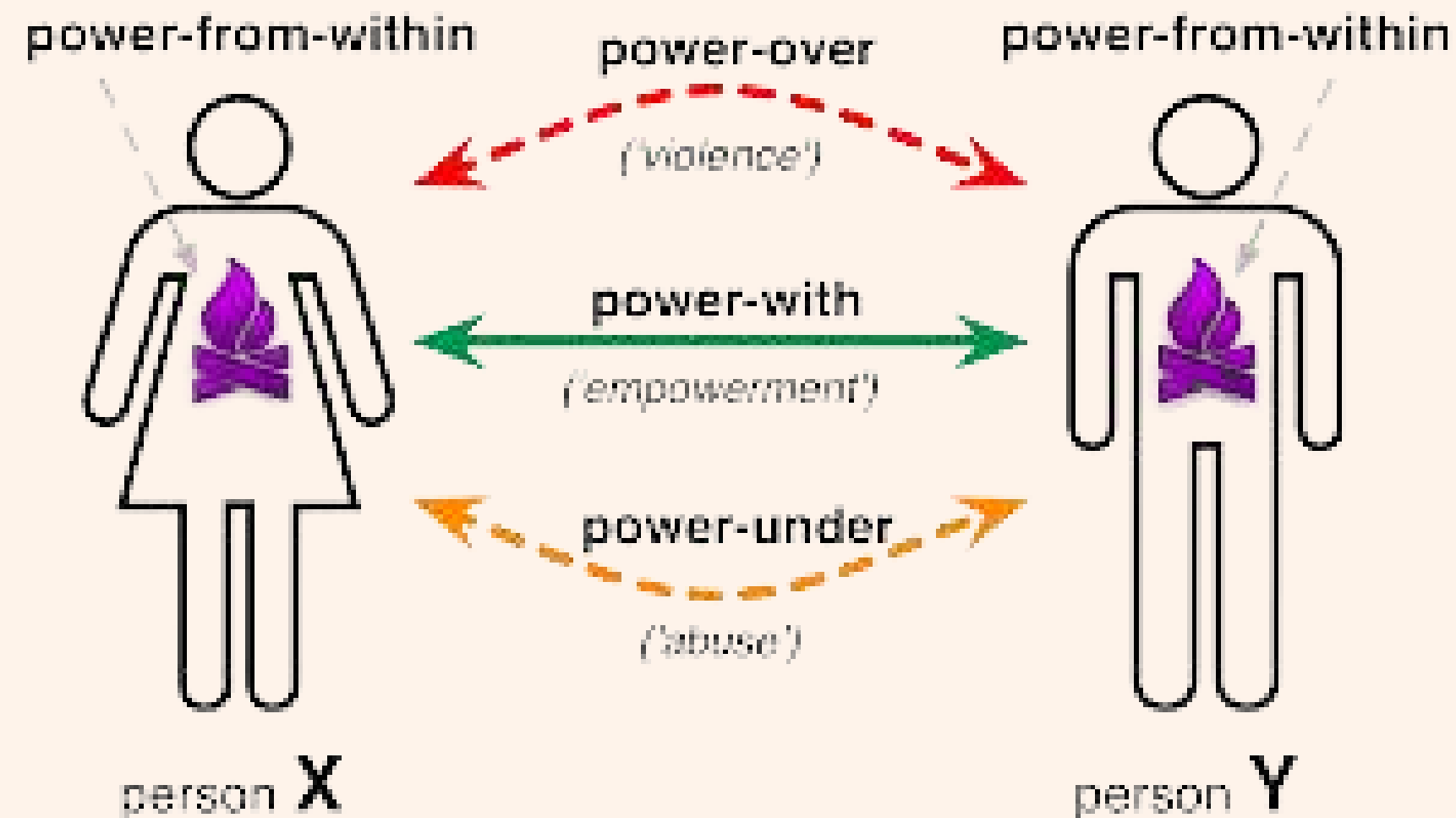
dimensions of power

forms of power

VISIBLE

HIDDEN

INVISIBLE



Power Over

Power Under

Power Within

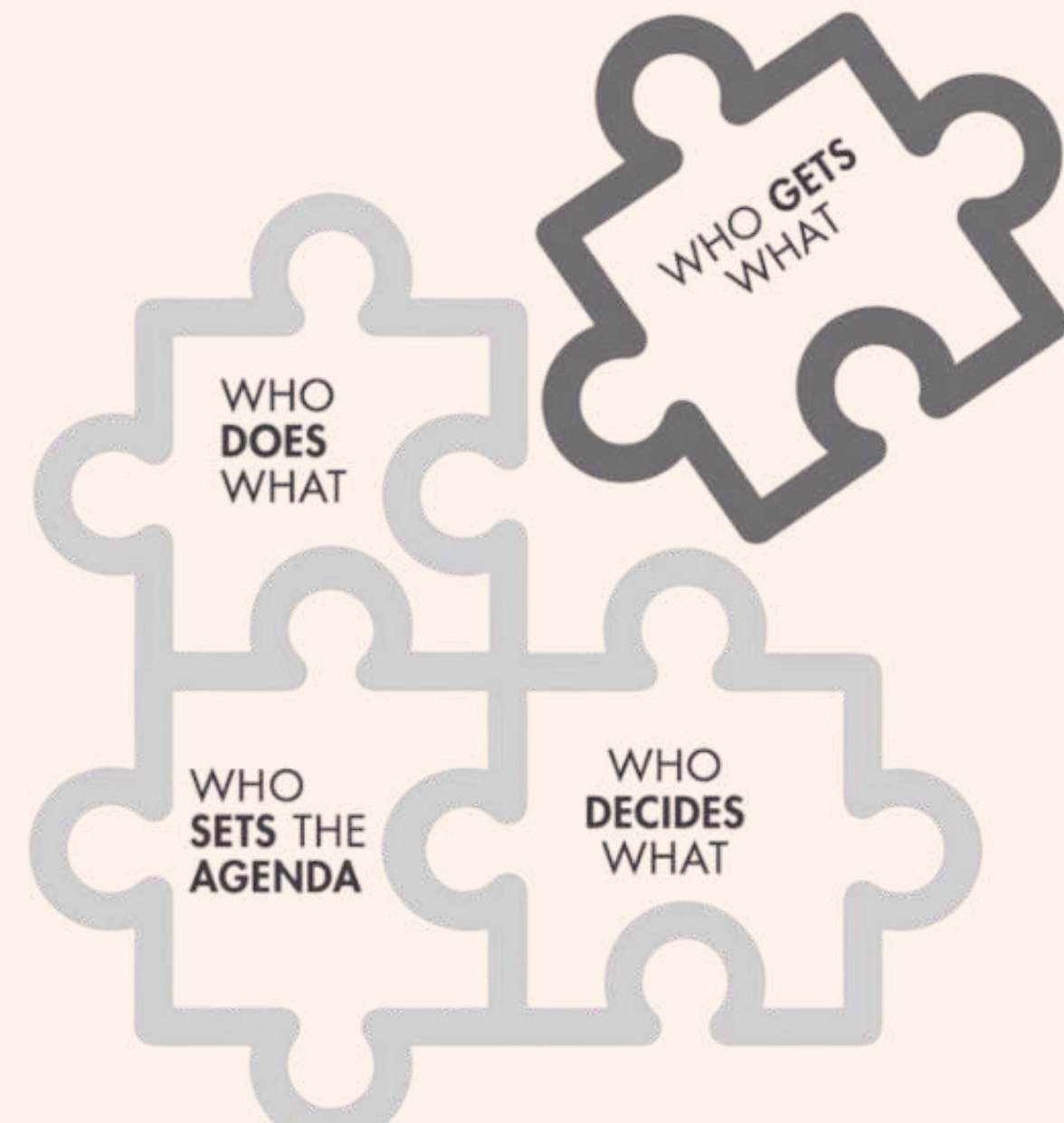
Power With

Power To



social power is
the capacity of
different
individuals or
groups to
determine:

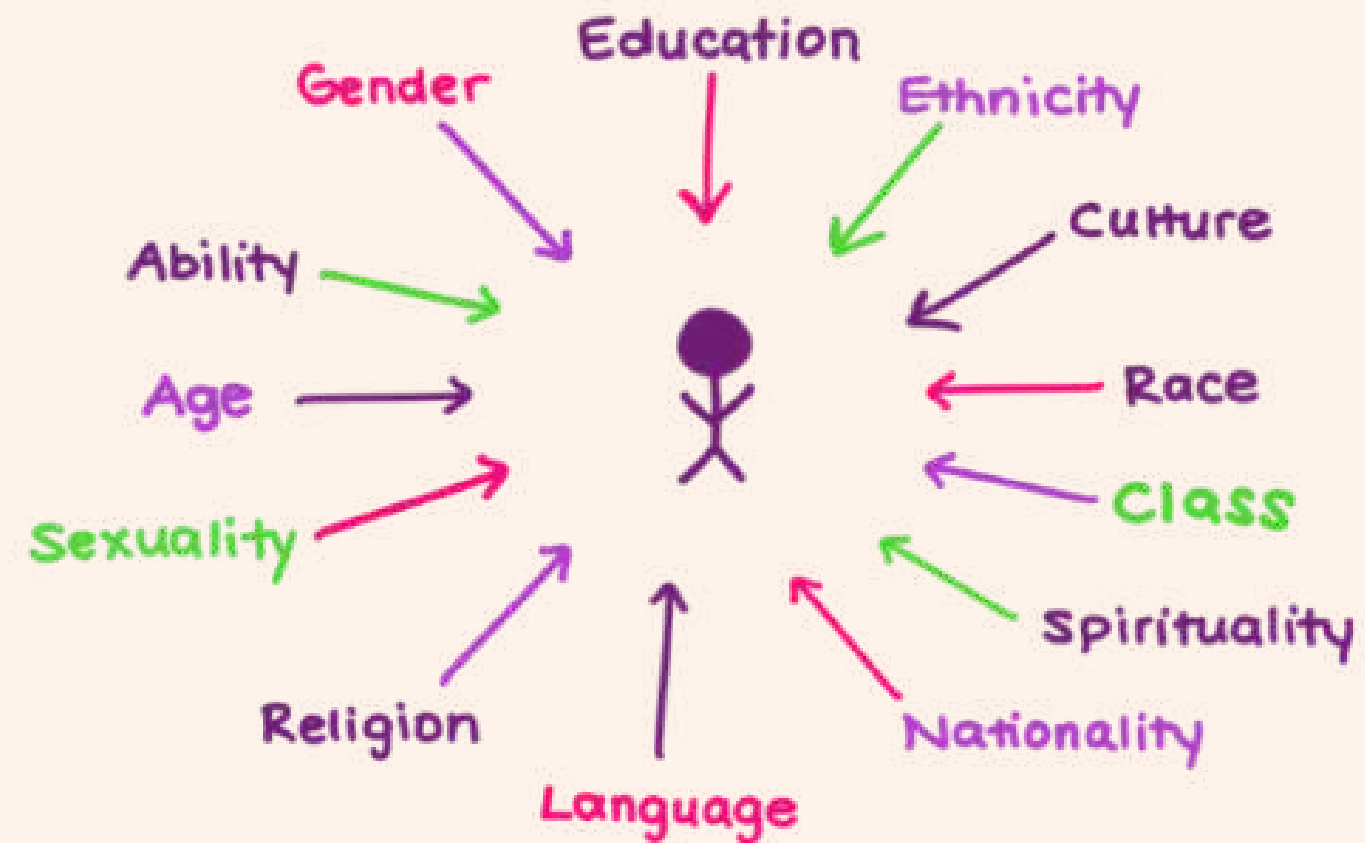
A really good way to define power¹ in today's reality is that **POWER** is the capacity of individuals or groups to decide or influence:



intersectionality and power

Everyone has unique and personal experiences of **interlocking systemic disadvantages** or inequality, and **power** and **pleasure**.

Everyone is doing their **best** to survive or thrive.



How Power Sustains Itself

Power operates across levels, accumulates through unequal access to resources, and is sustained by systems, beliefs, and institutions.

POWER OPERATES AT DIFFERENT LEVELS



BETWEEN SOCIAL GROUPS

Some groups gain greater control over resources than others.



BETWEEN INDIVIDUALS

Some individuals gain greater control over others.



WITHIN THE SELF

Power lives within us—shaping how we see ourselves and our possibilities.



WITHIN POLITICAL AND ECONOMIC FORMATIONS

Some organizations or institutions hold greater power than others.

POWER ACCUMULATES THROUGH UNEQUAL ACCESS TO RESOURCES



MATERIAL RESOURCES

Physical assets such as land, money, property, technology, and infrastructure.



HUMAN RESOURCES

People's labor, skills, health, time, and capacities.



KNOWLEDGE RESOURCES

Information, education, expertise, skills, ideas, and technological knowledge.



INTANGIBLE RESOURCES

Social influence, status, honor, reputation, networks, and cultural capital.



GENDER & SOCIAL POWER STRUCTURES

The distribution and control of resources determine who holds power.

POWER STRUCTURES SUSTAIN THEMSELVES THROUGH:



SOCIAL NORMS OR RULES

Gendered upbringing, restricted mobility, control of sexuality, division of labor, "proper" roles, etc.



IDEOLOGIES JUSTIFYING INEQUALITY

Patriarchy, caste, ethnicity, racism, classism, colonial mentality, meritocracy, etc.



INSTITUTIONS

Family, market, state, laws, education system, religion, media, political systems, etc.



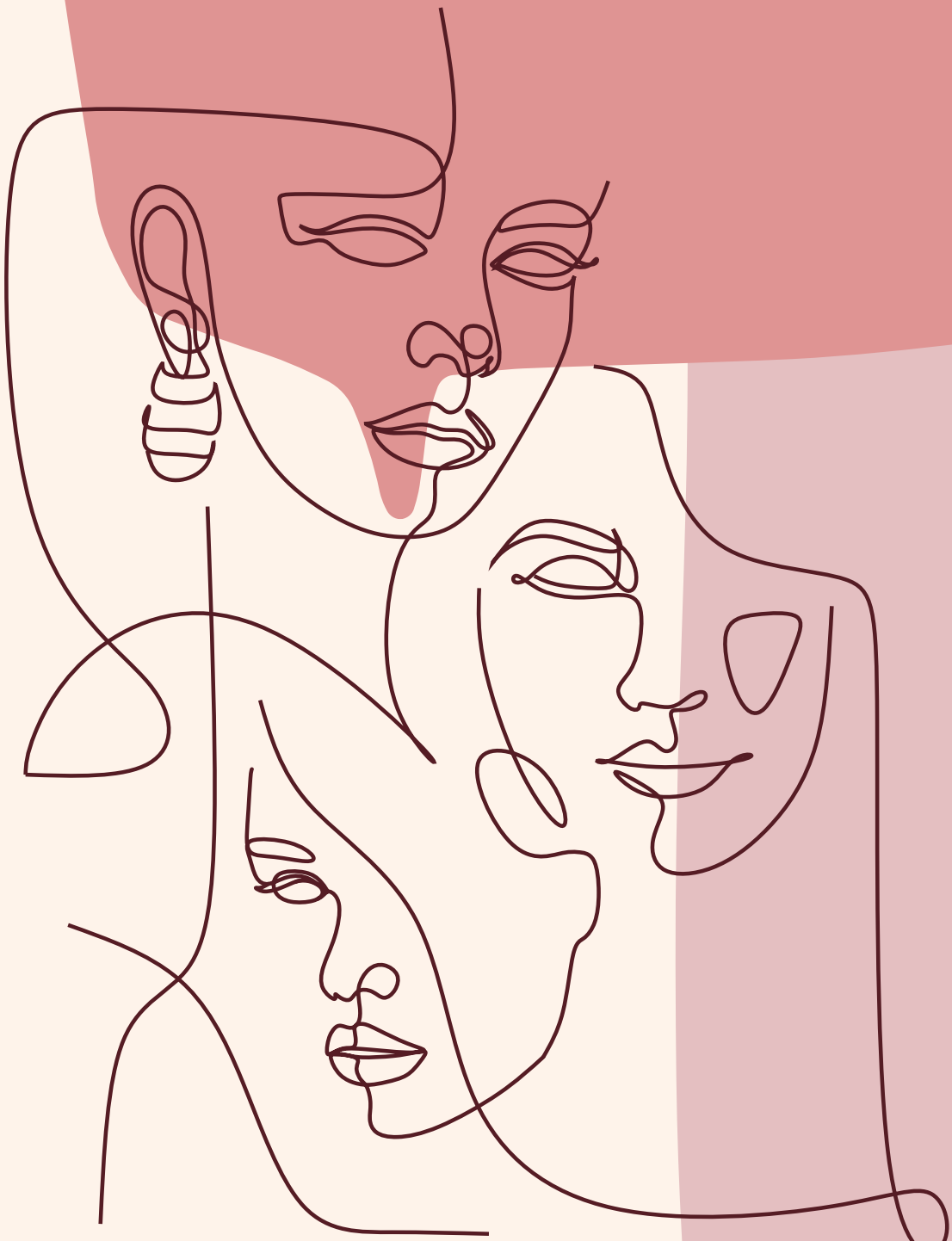
Power is reinforced across social groups, between individuals, and within political and economic formations through unequal access to resources—sustained by norms, ideologies, and institutions.



INTERSECTIONALITY

Have you ever heard of the concept of intersectionality?
Narinig mo na ba ang konsepto ng intersectionality?

bercakap- cakap



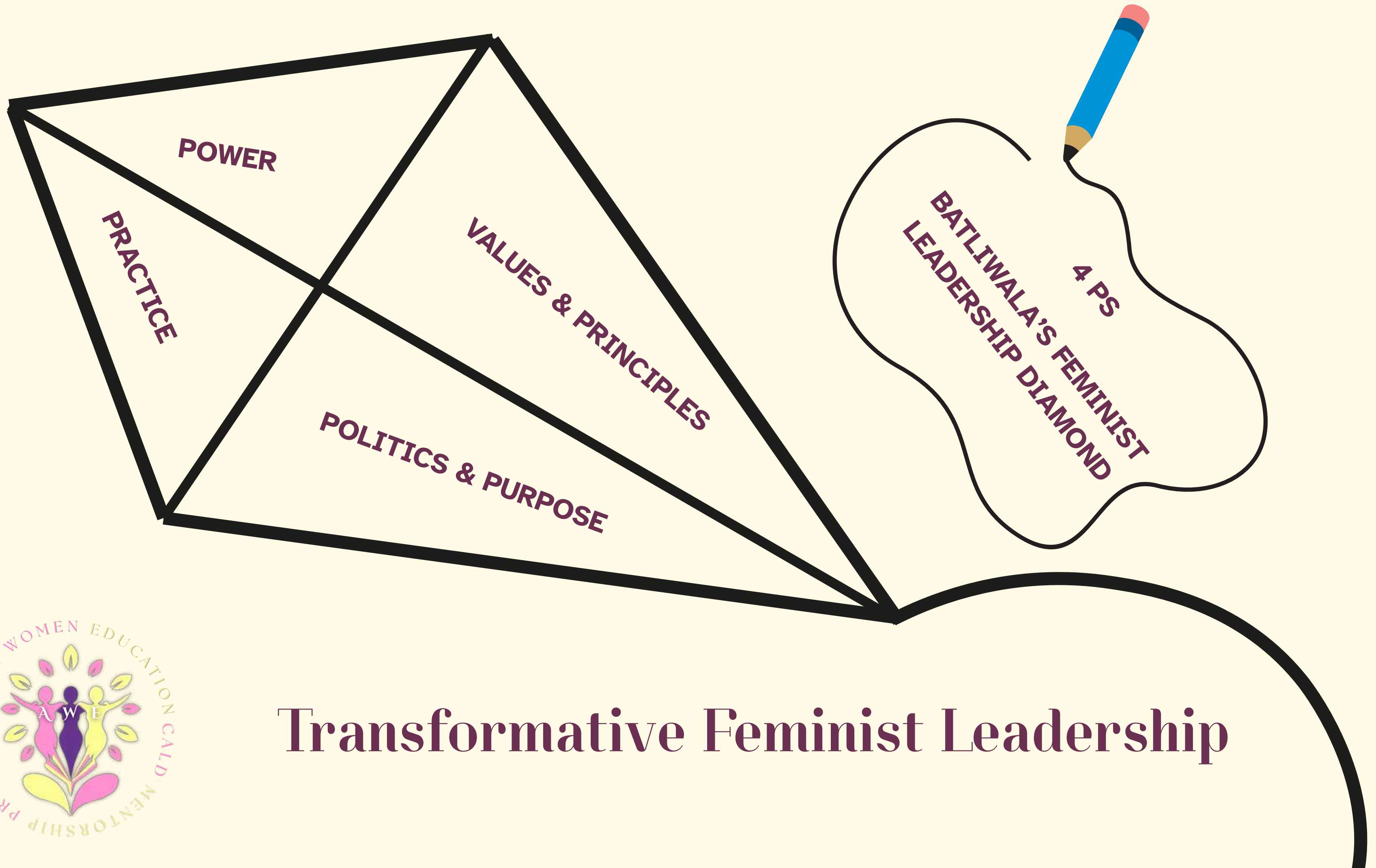
having power feels like _____

- What kind of ___ is that?
- Where or how do you see / experience this ___?
- What usually happens before this _____? And what happens afterward?
- Is there anything else you want to add about _____?

SESSION 5: AWE BRAND OF LEADERSHIP

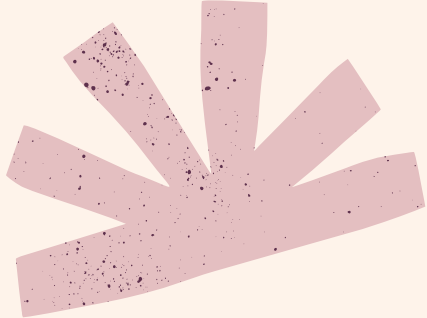
**THE Cs of TRANSFORMATIVE FEMINIST
LEADERSHIP**





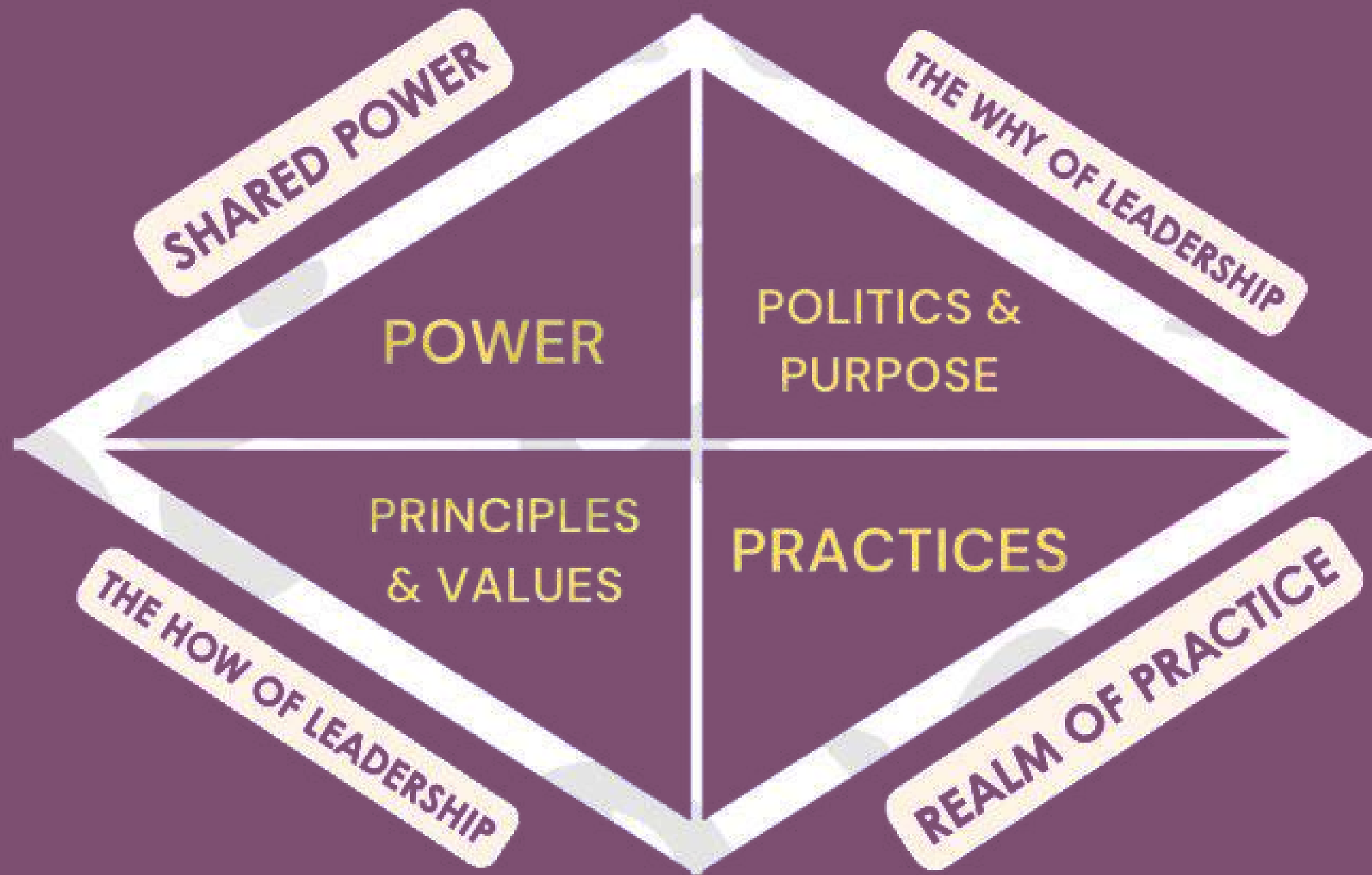
Transformative Feminist Leadership





THE TRIAL OF MAYOR RASHIDA MALIK





Transformative Feminist Leadership



Transformative Feminist Leadership

Feminist Leadership → Transformative Feminist Leadership

Batliwala, 2010

FEMINIST LEADERSHIP

Challenging Power — Leading in a way that transforms power, not just who holds it

Intersectionality — Address how various forms of oppression intersect with gender

Collective Empowerment — Leadership built among all members, not just those at the top

Transformative Vision — Deep structural changes beyond addressing immediate issues

Ethical & Accountable — Transparency and upholding feminist principles in leadership

TRANSFORMATIVE FEMINIST LEADERSHIP

Structural Change — Transforming underlying structures that produce & reproduce inequalities

Redefining Power — Power as something shared, rather than hierarchical and exclusive

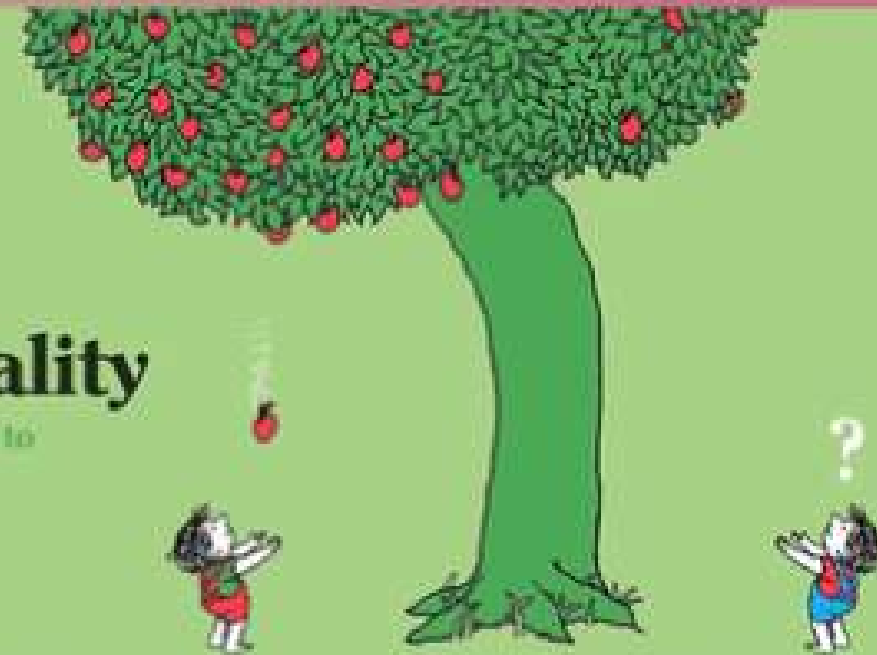
Creating New Norms — Cultural & social norms reflecting feminist values of equality and diversity



INEQUALITY, EQUITY, EQUALITY, & JUSTICE

Inequality

Unequal access to opportunities



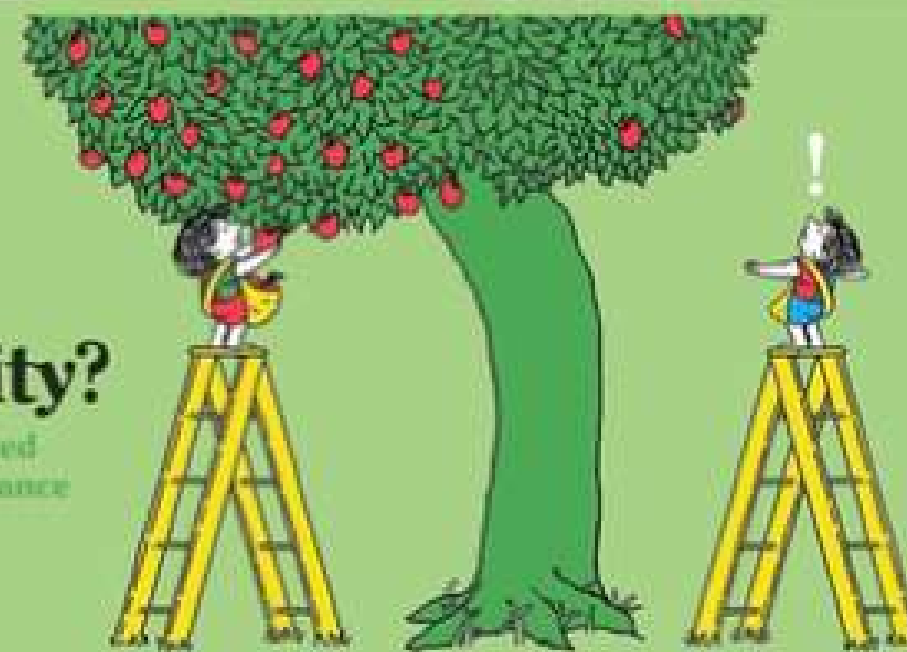
Equity

Custom tools that identify and address inequality



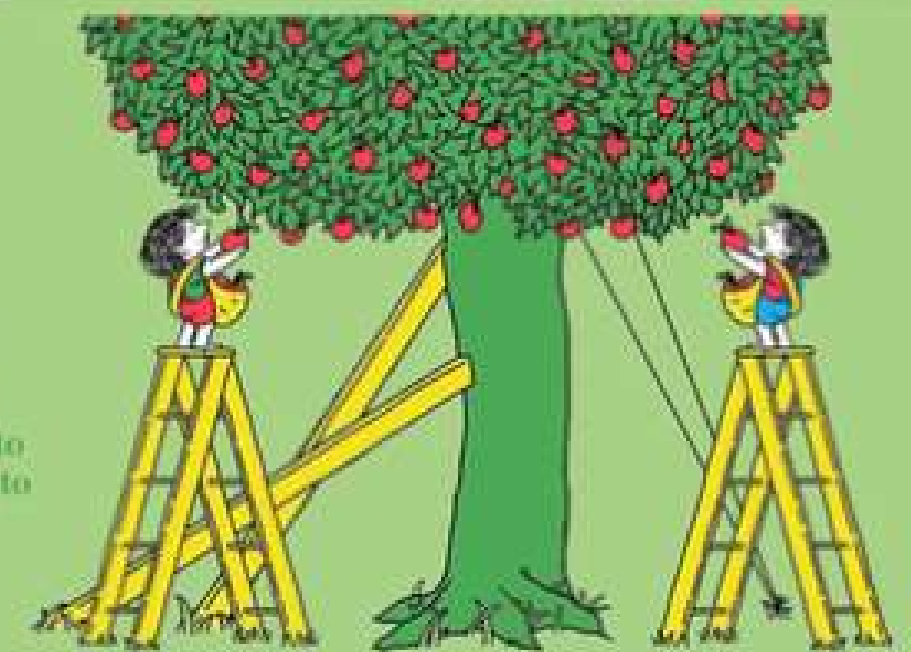
Equality?

Evenly distributed tools and assistance



Justice

Fixing the system to offer equal access to both tools and opportunities





3 Principles That Run Through All of the TFL Cs

1

**From Values
to Impact**

2

**Process is as
Important as
Outcome**

3

**Indivisible,
Interdependent,
Inalienable**

From Values to Impact

Key Question:

"Is the life of the most marginalized person actually better because of this?"

Values without results are incomplete. Every one of the BAYI Cs carries a non-negotiable commitment: feminist leadership must produce real, tangible, and measurable change in the lives of those most marginalized. Rhetoric is not enough.

Accountability to lived difference. A feminist leader is accountable not only to process and principle, but to the actual change that process makes in people's lives — especially the most marginalized.

Transformative governance demands a measurable yes. If governance cannot demonstrate that the most marginalized person is actually better off, it is not yet transformative. Values without results are incomplete.



Process is as Important as Outcome

THE HOW

- Who is included in decisions
- Whose voices are centered
- Whether the most marginalized are genuinely heard
- How decisions are made — quality of process

THE WHAT

- Tangible change produced for communities
- Outcomes that improve lives
- Measurable impact delivered
- Results that transform lived realities

BAYI leaders are accountable on two fronts — to tangible change produced, and to the integrity of how they got there. These two standards are inseparable.



Indivisible • Interdependent • Inalienable

The BAYI Cs as One Feminist Practice

1st Current

How We THINK

Analytical lenses & habits of mind. Interrogating power, reading context, grounding in lived realities of those most affected.

2nd Current

How We ACT

Values, processes, and commitments that shape how feminist leaders engage with their communities and exercise governance.

3rd Current

How We SUSTAIN

Keeping the work alive across time, election cycles, setbacks, and transitions — sustaining the movement, not just the moment.

Like human rights — these are indivisible, interdependent, and inalienable. They flow into and reinforce each other continuously, like currents in water.



3 Currents • 12 Principles

The TFLCs: An Integrated, Living, Deeply Felt Practice of Feminist Leadership and Governance

1st Current • How We THINK

Analytical Foundations

1. Critical
2. Contextual
3. Connected

2nd Current • How We ACT *Feminist Praxis*

4. Consultative
5. Caring
6. Courageous
7. Collective & Collaborative
8. Creative & Innovative
9. Clean
10. Concrete

3rd Current • How We SUSTAIN

The Long Haul

11. Commitment & Consistency
12. Cultivating



1ST CURRENT

How We Think

Analytical Foundations

Before we act, we must learn to see. This first current encompasses the analytical lenses and habits of mind that feminist leaders bring to every situation: interrogating power, reading context with care, and grounding our understanding in the lived realities of those most affected.

C1 · Critical

C2 · Contextual

C3 · Connected





C1 CRITICAL

Interrogating power in all aspects of governance — with courage and evidence

Feminist leaders must recognize unequal power relations as a guiding post in governance, move from awareness into actively dismantling power inequalities, call out manipulation in political discourse, and ensure inclusive data collection that reflects lived experiences of all — especially the most marginalized.

C2 CONTEXTUAL

Inclusive, intersectional, and context-specific analysis and problem-solving

Each community develops its own governance template depending on the needs of its members, while recognizing and respecting culture, heritage, and history. Development cannot be defined by a single universal template. Context must be grounded in truth, resisting historical revisionism.

C3 CONNECTED

Feminist lens, iterative processes, reflective practice

Transformative leaders use a feminist lens and ensure processes are iterative — building, refining, and improving ideas and initiatives. Analyses and solutions are grounded in the lived experiences of women, people of diverse SOGIE, persons with disabilities, and indigenous peoples.

2ND CURRENT

How We Act

Feminist Praxis



Analysis alone does not create change — it must flow into practice. This second current encompasses the values, processes, and commitments that shape how feminist leaders engage with their communities and exercise governance.

C4 Consultative

C5 Caring

C6 Courageous

C7 Collective

C8 Creative

C9 Clean

C10 Concrete



C4 CONSULTATIVE

Consultation is not a box to tick — it is the substance of how feminist leaders govern

sectors have the power to locate their own appropriate solutions. Quality of process is itself a measure of feminist

C5 CARING

Caring begins with the body — and extends to community, planet, and joy

Bodily autonomy is the foundation. Individual and community well-being: ensuring basic needs are met, supporting mental health as critically as physical health. Joy is a political act. Caring extends beyond people to the planet.

C6 COURAGEOUS

Nonviolent, principled, grounded courage — knowing who you stand with

Not the courage of force or domination, but the courage to hold your bottomlines even under political pressure — to remain anchored in the lived realities of the communities you serve. Inseparable from integrity.

C7 COLLECTIVE & COLLABORATIVE

No one is left behind — strength serves to lift each other up

Empowerment means the empowerment of the entire community. Co-creating safe, inclusive, and enabling spaces. Collective accountability and transparency. The BAYI community is a movement, not merely a network of individuals.



C8 CREATIVE & INNOVATIVE

Arts, movement, music, and new forms of organizing as feminist strategy

To resist deeply entrenched power structures, more innovative and creative solutions must be developed. Tapping arts, movement, sports, and music to surface lived realities. Young people's unbounded thinking and indigenous communities' centuries of collective knowledge are vital resources.

C9 CLEAN

Rooted in honesty, integrity, and full transparency — corruption harms the most marginalized

Feminist governance demands clean governance. Corruption in all its forms — financial, political, and institutional — perpetuates inequality and disproportionately harms the most marginalized. Being corruption-free is a deeply feminist commitment.

C10 CONCRETE

From aspiration to navigation — turning invisible labor into verifiable gains

Moving from aspiration to navigation — the commitment to operationalizing our values through clear North Star visions and evidence-based milestones. Feminist transformation is a long-haul project — but being Concrete ensures incremental progress is never invisible.

How We Sustain

The Long Haul

Feminist governance is not a sprint — it is a multigenerational commitment. This third current asks how we keep the work alive across time, election cycles, heartbreaks, setbacks, and transitions of individual leaders.

**C11 Commitment &
Consistency**

C12 Cultivating





C11 COMMITMENT & CONSISTENCY

Walking the talk — in governance, in relationships, in every sphere of life

Staying anchored to the feminist vision even when political pressures demand compromise, even when progress is slow. Consistency means walking the talk — ensuring how we govern day to day reflects what we say we stand for. It begins in the most personal spaces — in how we negotiate with ourselves, in relationships with intimate partners, family, subordinates, and peers. The personal is still political.

Trust is earned through sustained, principled action over time. There will be heartbreaks, losses, and moments when the work feels impossible. True commitment is found not in individual exhaustion, but in the strength of the collective relay. To rest is not to abandon the work, but to honor our own humanity.

C12 CULTIVATING

The measure of a feminist leader: what she leaves behind

Cultivating the next generation is a core responsibility. BAYI leadership actively invests in identifying, nurturing, and developing women and young women — especially from sectors that are normally invisible and ignored — to step into leadership roles at every level.

Not only about individuals — fundamentally about organizing and building a movement. BAYI commits to transforming cultures of seniority into cultures of equal space, where younger feminist leaders are not merely welcomed but genuinely heard, valued, and empowered to lead.

“leaders with a feminist perspective and vision of social justice, individually and collectively transforming themselves to use their power, resources, and skills in non-oppressive, inclusive structures and processes to mobilize others -- especially other women-- around a shared agenda of social, cultural, economic and political transformation for equality and the realization of human rights for all.”





"Real change, enduring
change, happens one step
at a time."

"Fight for the things you care
about. But do it in a way that
will lead others to join you."



khàawp khun kha
kyeizu pa
terimah kasi
sheh-sheh
maraming salamat



SESSION 6: STORY OF SELF

Part 1





IDA B. WELLS

VIGDIS
FINNBOGADOTTIR



DOLORES HUERTA



LEILA DE LIMA

TSAI ING WEN





IDA B. WELLS (1862-1931)

**CIVIL & WOMEN'S
RIGHTS LEADER**

**"SOMEBODY MUST SHOW THAT
THE AFRO-AMERICAN RACE IS
MORE SINNED AGAINST THAN
SINNING, AND IT SEEMS TO HAVE
FALLEN UPON ME TO DO SO."**



"I felt so disappointed because I had hoped such great things from my suit for my people. ... O God, is there no ... justice in this land for us?"

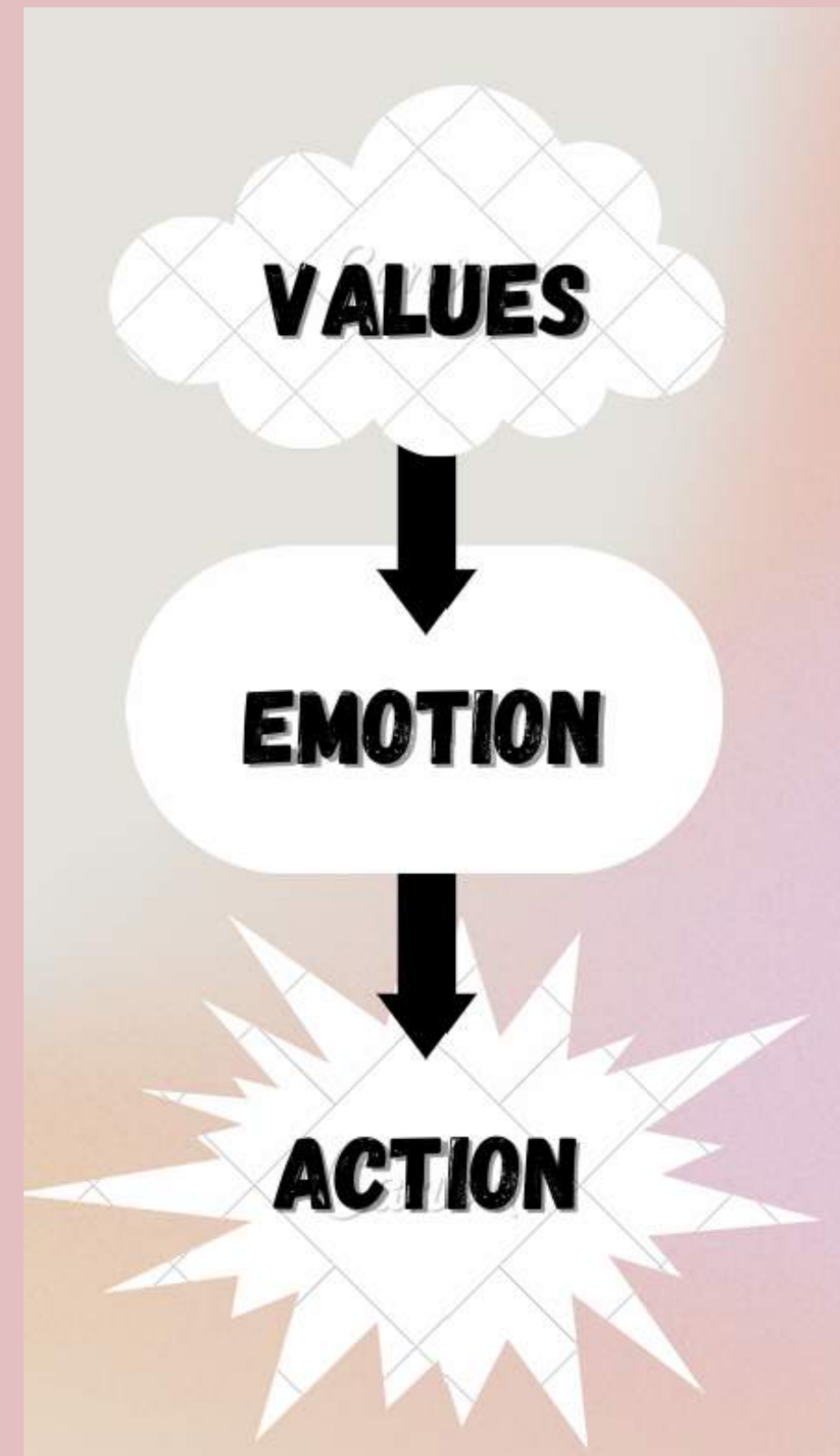
*We each have a
story to tell.*



PUBLIC NARRATIVE

The art of translating
values into action through
stories.

We each have a
story to tell.



Ganz, M. (2021)



We each have a story to tell.



Ganz, M. (2021)



We each have a
story to tell.



CHARACTER

PLOT



CHALLENGE



OUTCOME



CHOICE



MORAL

Ganz, M. (2021)

**STORY
OF SELF**

CALL TO
LEADERSHIP

**STORY
OF NOW**

STRATEGY
& ACTION

PURPOSE

COMMUNITY

URGENCY

**STORY
OF US**

SHARED VALUES
& EXPERIENCES

PUBLIC NARRATIVE

(GANZ, M. 2021)

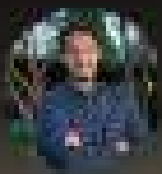


HOW TO INCITE TRANSFORMATION?

STORY OF SELF
STORY OF US
STORY OF NOW

HOW TO MOVE YOUR COMMUNITY TOWARDS THE CHANGE WE NEED?





Story of Self: Amal Beydoun

Abel R. Cano



"you are the most powerful person I know, the only person I know!"



Watch on  YouTube

Amal Beydoun's Story of Self



Story Elements

- Challenge
- Choice
- Outcome



How to GET ME



- **Challenge:** Not necessarily a misfortune but a struggle of your choosing
- **Choice:** Why did you make the choice you did? Where did you get the courage/ hope (or not?) How did it feel?
- **Outcome:** How did the outcome feel? What did it teach you?

What's your story?



Activity 6A: **Choice Points**



1. Return to your era map, and identify 2-3 choice points. Mark them on the map.
2. Write one sentence for each:
What was the challenge?
What was your choice? What did the choice reveal?

What's your
story?



Activity 6B: **First Draft**



Write your Story of Self - 2-3
minutes when spoken aloud.

Challenge - Choice - Outcome.
Values revealed.

This is a *first* draft, raw material.

What's your
story?

Activity 6C: **First Share**



Did you bring
your partner to
that moment?



Activity 6C: **Reflections**



The value I heard from your story
was ...

The moment that moved me was ...

The choice I recognized from my
own life ...

SESSION 7: STIRRING THE POT

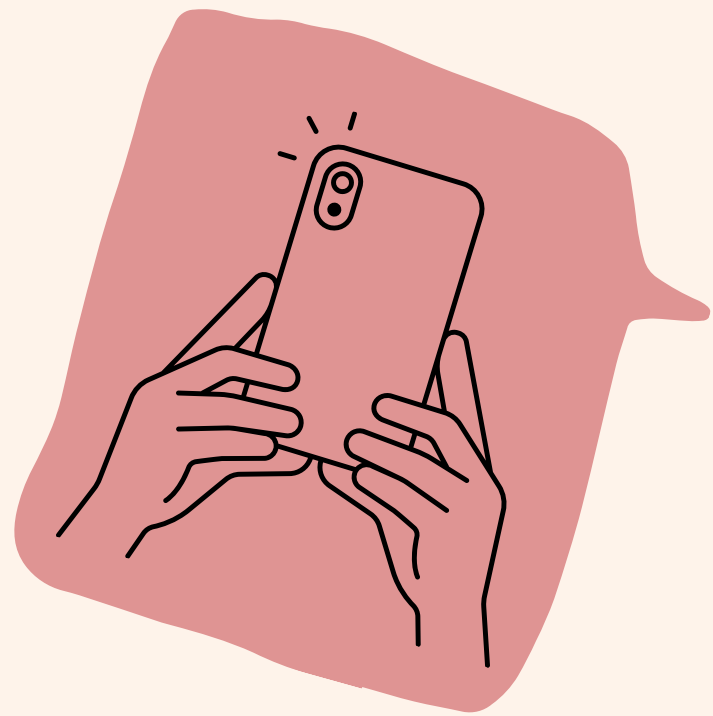
Cooking and Power Discussion



*bercakap-
cakap while
cooking*

**(As a woman and
as a leader) How
does cooking make
you feel? Why?**





Activity 7B: **Small Group Discussion**

1. Who took the lead without being asked? Who deferred? Why? What form of power is operating in your kitchen?
2. In your political work, when have you felt like the person who deferred or took the lead? Describe.
3. If this kitchen were your parliament/city hall, what would you change? What would Power With look like in your most difficult political context right now?



Maraming
Salamat Po



DAY 3: RECAP

Part 1





Quick 5 Minute Grounding Guided Meditation | Reduce Anxiety | Grounding E
Fostering Resilience

5 Minute Guided Meditation



Watch on  YouTube

DAY 3: RECAP

Part 2





IDA B. WELLS

VIGDIS
FINNBOGADOTTIR



DOLORES HUERTA



LEILA DE LIMA



TSAI ING WEN



**MY TAKE AWAY FROM
YESTERDAY COOKING
ACTIVITY WAS/WERE...**



NO WORDS. ONLY EYES.

**SILENTLY ACKNOWLEDGE EACH
OTHER'S HUMANITY AND
COMMITMENT TO THIS WORK.**



**IF MY COMMUNITY/ GOVT
WAS A KITCHEN, WHAT
WOULD BE MY IDEAL
KITCHEN/GOVERNMENT**



**ONE THING I
APPRECIATE ABOUT
MYSELF AS A LEADER...**



SESSION 9: STORY OF SELF

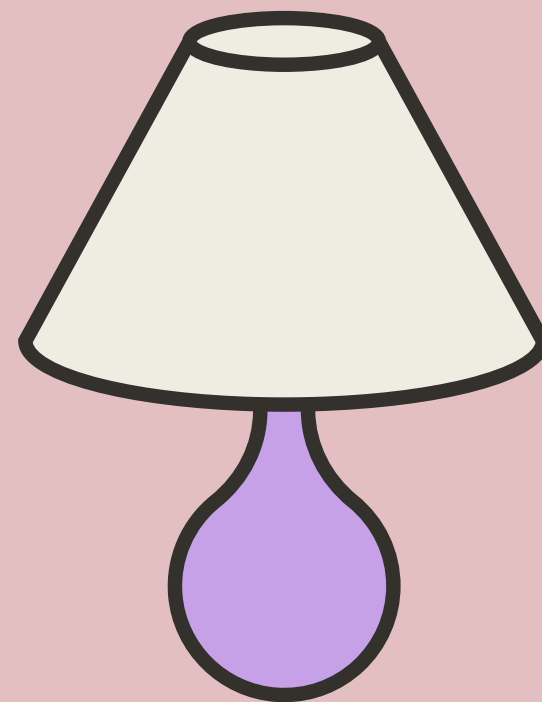
Part 2



*We each have a
story to tell.*



LIGHTS ON?
LIGHTS OFF?



Story of Self

*We are
witnessing each
other.*



The value I heard from your story
was ...

The moment that moved me was ...

The choice I recognized from my
own life ...



Empathy:
"Let me hold
the door for you.
I may have
never walked
in your shoes,
but I can see
your soles are worn,
your strength is torn
under the weight of a story
I have never lived before.
Let me hold the door for you.
After all you have walked through,
It is the least I can do."

Morgan Harper Nichols





We criticize and separate ourselves from the process. We've got to jump right in there with both feet.

Dolores Huerta

“quién eres”

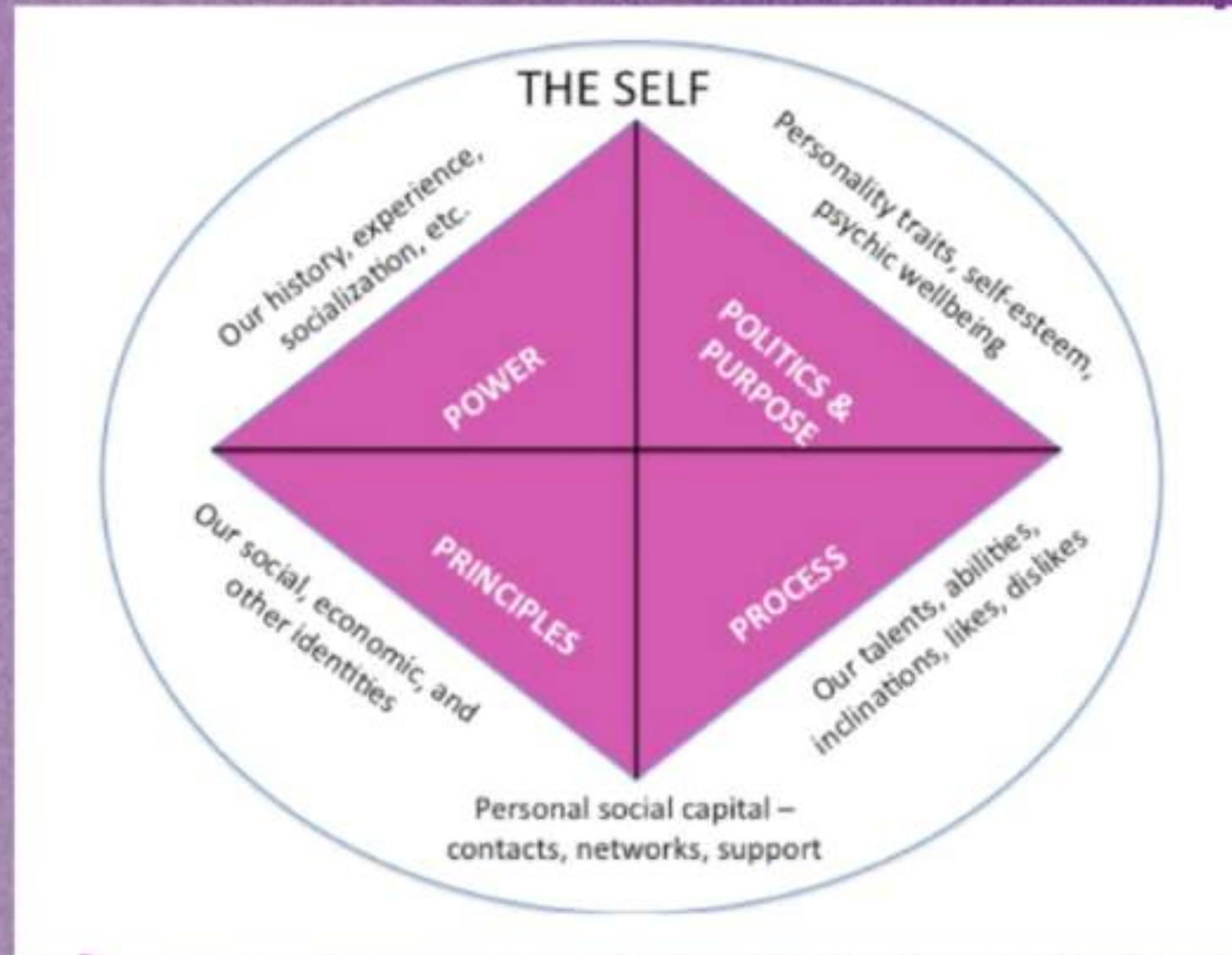
SESSION 10: LIBERAL DEMOCRACY & FEMINIST LEADERSHIP

Kwankao Kongdecha





THE ROLE OF SELF IN LEADERSHIP



Transformative Feminist Leadership



ASIAN WOMEN EDUCATION (AWE) CALD MENTORSHIP PROGRAM *Launch*

18-21 June 2026 | Bangkok, Thailand



FRIEDRICH NAUMANN
FOUNDATION For Freedom
Asia

SESSION 11:

Feminist Leaders in Action: A Panel Discussion

To bridge the gap between feminist leadership framework and real-world application by engaging with seasoned practitioners from the CALD network, providing mentees with a foundation of lived praxis to inform their collective leadership roadmaps.



SESSION 11

FEMINIST LEADERS IN ACTION: A PANEL DISCUSSION



*Hon. Yashinta
Sekarwangi*



*Atty. Cyrille "Beng"
Abueg-Zaldivar*



Jaslyn Go



Hon. Ngalim Tiunn

SESSION 13: INTRODUCTION TO CAPSTONE PROJECTS & MENTORING



CAPSTONE PROJECT

a reflection of

transformation



CAPSTONE PROJECT



More than a biography, it is a portrait of *becoming*. It is a documentation of the experiences, lessons, challenges, and breakthroughs that shaped your journey throughout AWE.

The photobook will explore three guiding questions:

- **Who was I when I entered this journey?**
- **What have I learned about myself as a woman and as a leader?**
- **Who am I becoming, and what kind of change do I hope to create?**

CAPSTONE PROJECT

capstone will also serve as a collective
testament of

solidarity

among women leaders across Asia



MENTOR - MENTEE MATCH

At the heart of the process is a simple belief that meaningful leadership development happens not only through training, but also through **relationships** with women who have walked the path before us and are willing to walk alongside us as we grow.

- 3-4 mentees will be assigned per mentor
- regular communications and check-in with your mentor **at least twice a month**



AWE MENTORSHIP PROGRAM *LEARNING* *TIMELINE*

01

PROGRAM LAUNCH

*18-21 June 2026 |
Bangkok, Thailand*

- Panel Discussion
- Workshop
- Networking
- Cultural Exchange

02

ONLINE SESSIONS

*Select Thursday from July to October 2026 |
Zoom | 19:00-22:00 (GMT +8)*

- Learning Sessions
- Peer-to-peer Learning
- Mentor-Mentee feedbacking

03

COMMUNITY EXPOSURE

*August or September 2026 |
Manila, The Philippines*

- Exposure with local and national government processes
- Site Visit

04

PROGRAM CULMINATION

November 2026 | Taipei, Taiwan

- Project Presentations
- Feedbacking Session
- Consultations
- Graduation
- Gateway to liberal and democratic network in Asia (networking)

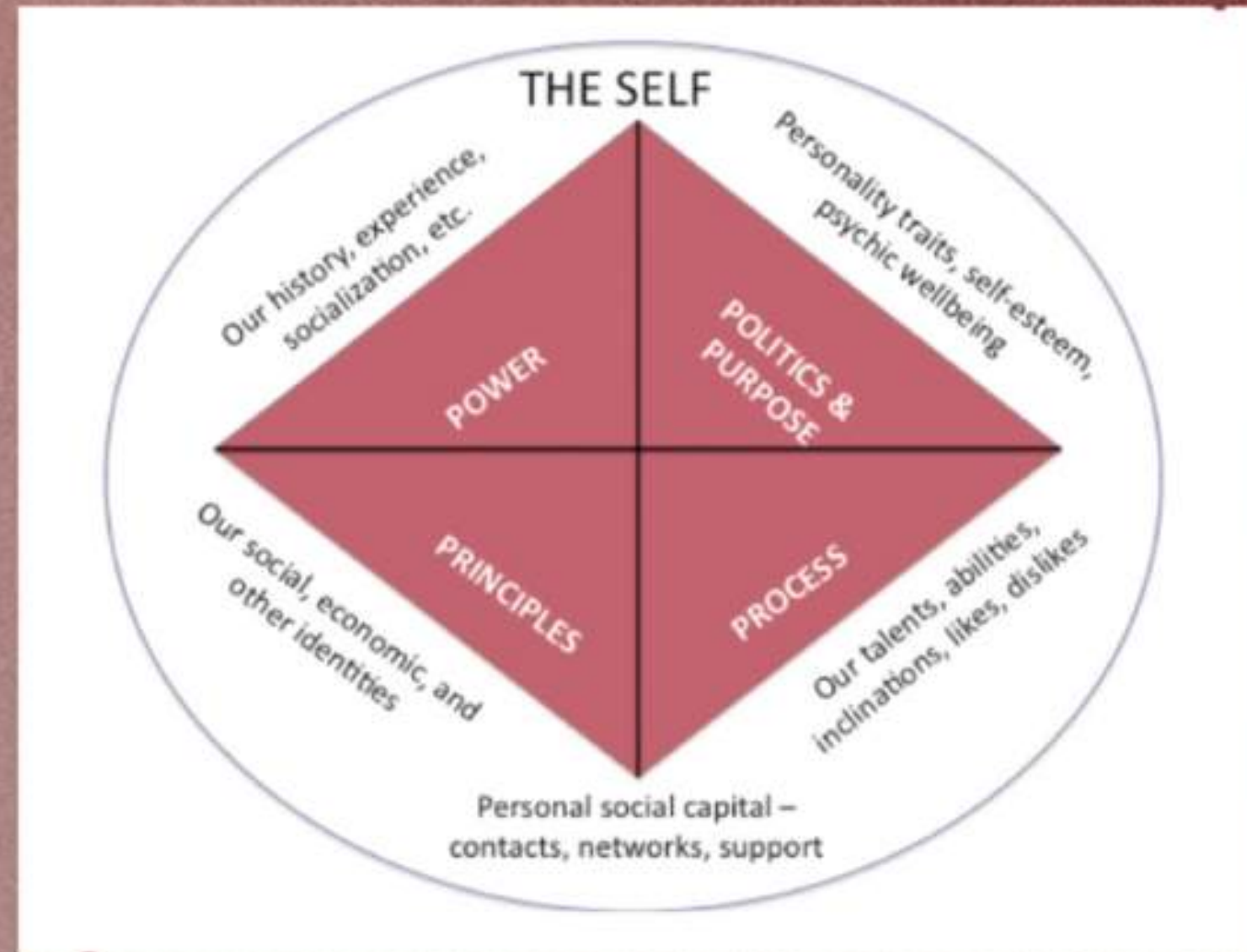
SESSION 12: COLLECTIVE SYNTHESIS WORKSHOP

END COURSE SYNTHESIS





THE ROLE OF SELF IN LEADERSHIP



TFL transforms the self first



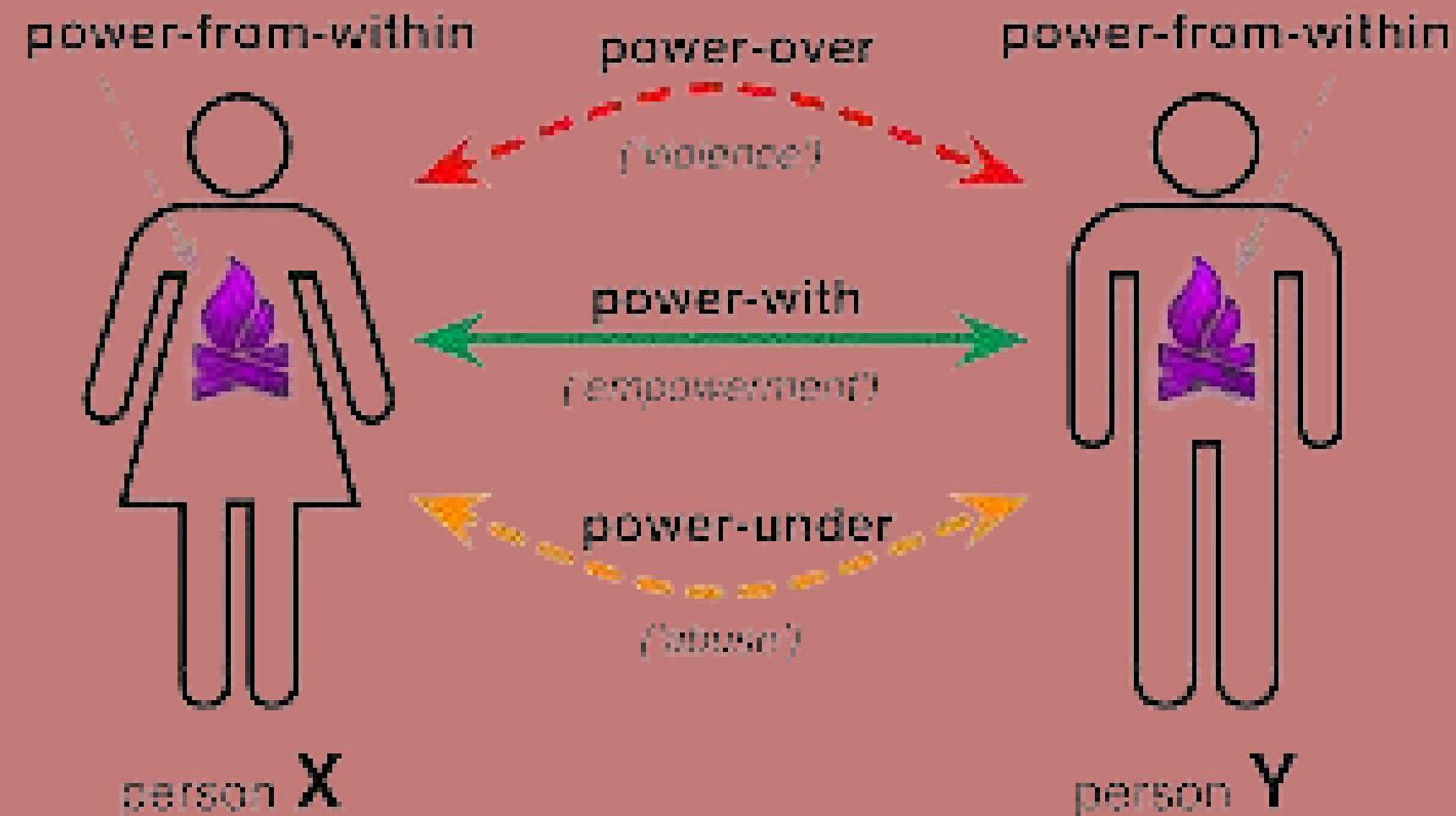
dimensions of power

forms of power

VISIBLE

HIDDEN

INVISIBLE



Power Over

Power Under

Power Within

Power With

Power To



INEQUALITY, EQUITY, EQUALITY, & JUSTICE

Inequality

Unequal access to opportunities



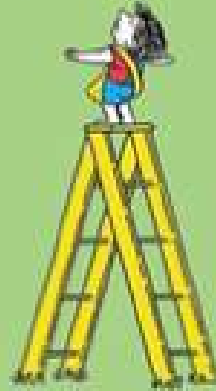
Equity

Custom tools that identify and address inequality



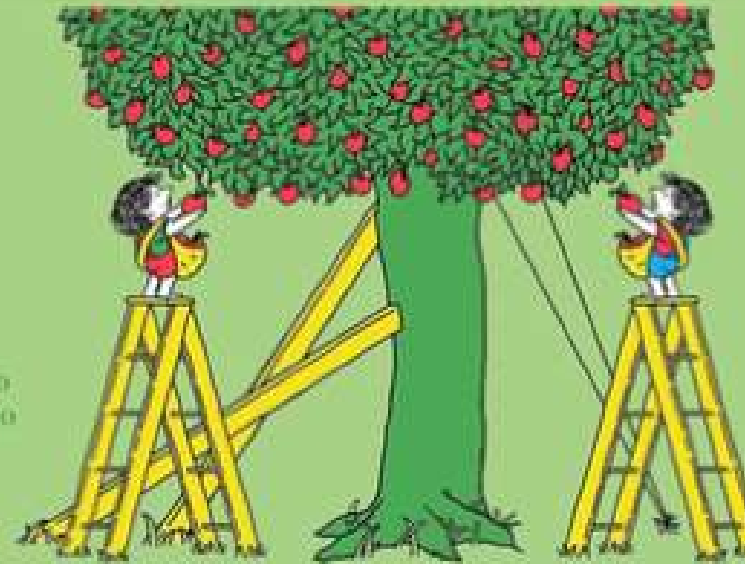
Equality?

Evenly distributed tools and assistance



Justice

Fixing the system to offer equal access to both tools and opportunities



TFL corrects the unequal system and structure



TFL is COLLECTIVE





IDA B. WELLS

VIGDIS
FINNBOGADOTTIR



DOLORES HUERTA



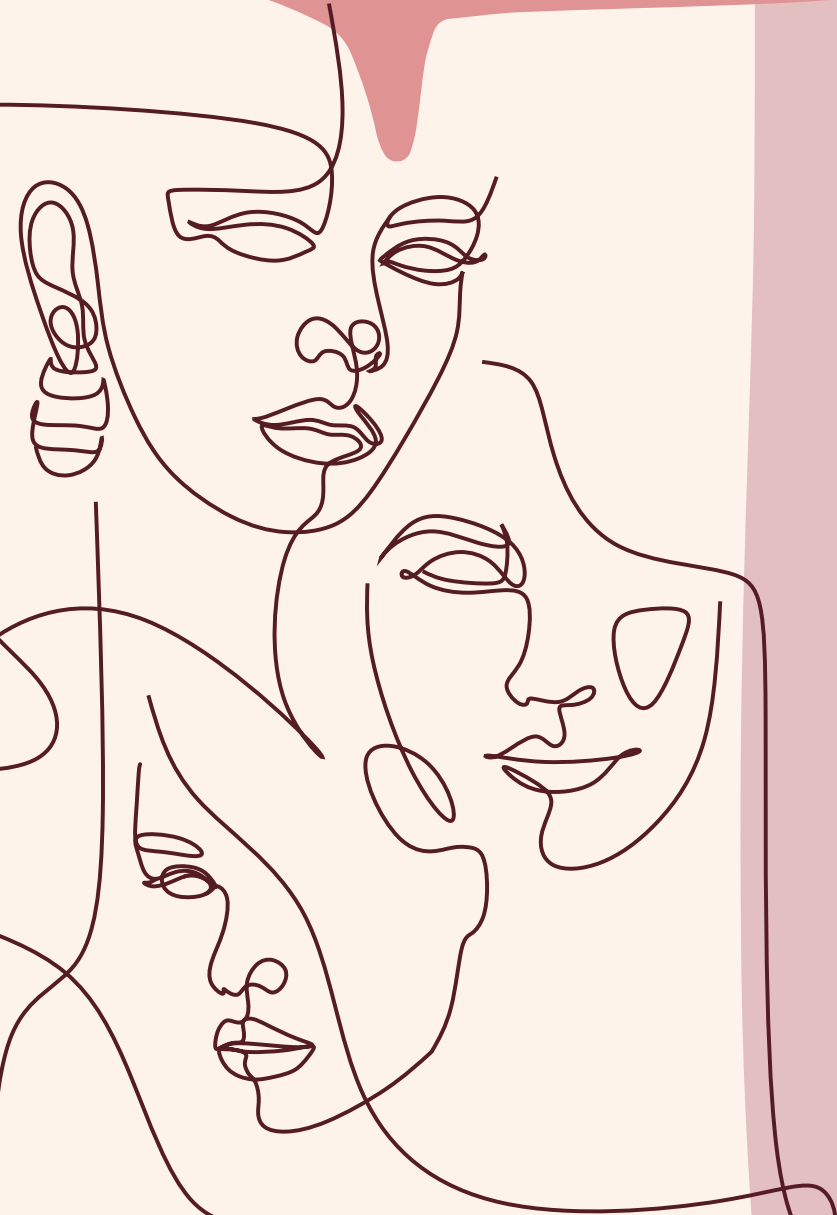
LEILA DE LIMA



TSAI ING WEN



1.bercakap- cakap



1. look back on the past three days. Ask yourself: what has shifted in me? Take note your reflections under each of the four areas and share with the group. It is fine if something changed in one area and not another. Share that as well.

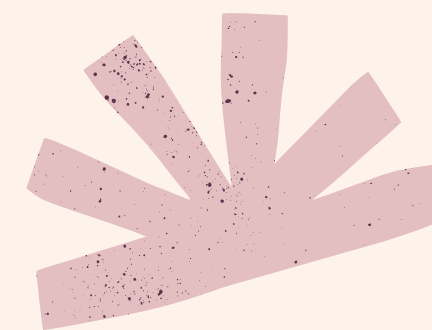
- Symbol of your values and principles
- Your politics, purpose, and vision
- Your recognition of your own power and how you use it
- Your practice



2. Collective Visioning

What does a beautiful tomorrow look like?

- people / beings
- space
- feelings / emotions
- social relations (people, institutions, communities)
- magic



3. Sharing

“What does a beautiful tomorrow look like?”

present your group synthesis in a creative format of your choosing: visual, skit, tableau, a story, a song, collage, radio show, etc.



Circles

**Joy
Sam
Nyein
Yashinta**

**Jam
Cristal
Uyenie
Alysa**

**Priscilla
See Lin
Linda
Jaslyn**

**Arianne
Thinn
Nattha
Beng**



SESSION 14: COLLECTIVE SYNTHESIS PRESENTATION

END COURSE SYNTHESIS

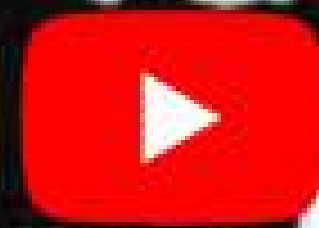




I'd Like To Teach The World To Sing - Lyrics

Iván de Jesús

I'd like to teach
the world to sing
in perfect
harmony



Watch on  YouTube



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Asia

MENTEES CIRCLE

END COURSE SYNTHESIS



Sealed Letter Commitment symbol

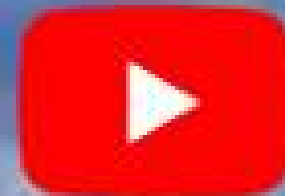




Maya Angelou Reading 'Still I Rise'
Sonderling Press

Still I Rise

Maya Angelou
Read by the author



Watch on  YouTube





Our AWE Song

I AM WOMAN – Emmy Meli





AWE 2026

POST-LAUNCH SURVEY

SCAN ME



khàawp khun kha
kyeizu pa
terimah kasi
sheh-sheh
maraming salamat

